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Coming soon:

## Performance-based pay for civilians

By Gerry Gilmore

American Forces Press Service

WASHINGTON — Defense Department civilians soon will be paid for productivity rather than longevity, while in the future, service members may be required to serve longer tours of duty and spend more time in the military before becoming eligible for retirement.

These initiatives are part of efforts by officials to transform DOD into a more agile and efficient organization for the 21st century, said David Chu, undersecretary of defense for personnel and readiness.

Mr. Chu said the new National Security

Personnel System slated for partial implementation in July affects about 300,000 of the department's 700,000 civilian employees. Remaining DOD civilian employees are slated to move into the new system beginning around January 2007.

He said current civilian pay scales are based on how "long you've been around." Polls show the younger workers DOD officials are seeking to replace retiring older employees want a more performance-based compensation system.

"They want to join an organization where if you do more, you are rewarded," he said.

Performance for pay "is not an untried principle" at DOD, Mr. Chu said, noting several pay-for-performance pilot programs have been tested through the years.

The system also gives managers the tools to hire new employees more quickly and more means to discipline those who don't produce.

Mr. Chu said such change is likely to be "upsetting" among a work force accustomed to the older personnel system. Managers who supervise workers under NSPS "require training and preparation in order for them to be effective," he said.

Please see **Personnel**, Page 9

## Keesler cop, working dog OK in wake of encounter with fugitive

By Perry Jenifer

Keesler News editor

"Aw, \_\_\_\_\_!" Staff Sgt. Daniel Short thought just before the Chevy Trailblazer rolled up the hood and across the roof of his patrol car, smashing the windshield and knocking him out.

It was about 9:35 p.m. March 22. Sergeant Short and Bobby, his 5-year-old German Shepherd narcotics detection dog, were less than halfway into their 12-hour shift.

Moments earlier, the 81st Security Forces Squadron patrolman and his canine partner were responding to a fire

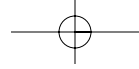
Please see **Runover**, Page 9



Sergeant Short and Bobby inspect the patrol car the day after their brush with disaster.

Photo by Staff Sgt. Carlos Diaz





## COMMENTARY

# We all must be wingmen to our returning warriors

By Gen. Don Cook

AETC commander

In November, we took a down-day to combat accidental deaths and suicides in the Air Force.

However, Wingman Day was never intended to be a one-time "event." Rather, it was a reminder to be good wingmen every day. The wingman concept extends to another issue we're confronting — reintegrating Airmen into "home station life."

Very shortly, the Air Staff will release policy to assist commanders in effectively reintegrating Airmen after they return from deployments. As you may know from speaking with redeploying troops, their stress is real. Consider the Airmen performing the highly dangerous mission of convoy security or serving on critical care air transport teams for the seriously wounded. These courageous people have personally experienced the horrors of war, and they deserve the fullest support when they return home.

So with the arrival of the Air Force policy, it will be up to all of us to turn this guidance into action. We need to take care of Airmen returning from the taxing challenges of a deployed environment. This is especially important in Air Education and Training Command, where our Airmen often lack the familiarity and security of deploying with their organizations.

How can you help?

**First** — commanders, emphasize face-to-face contact with your redeploying troops — and set the example.

**Second** — have your Airmen take advantage of base agencies ready to support them and assist those struggling with reintegration.

**Third** — I ask those Airmen who've felt the hardships of reintegration to use your experience to coach and counsel those who've recently redeployed.

**Fourth** — first sergeants and supervisors should follow up. Research shows troops typically begin to manifest problems three to six months after they redeploy. Monitor this period closely to prevent challenges from becoming emergencies.

**Finally** — everyone, don't forget about taking care of our Air Force families.

Reintegrating into family life after a deployment can be tough — I've been there. Often the only one who'll know how an Airman and family members are coping with reintegration is the Airman's co-worker or friend. Thus, every Airman must be a wingman ... that's the culture of an expeditionary-minded wingman.

Every day must be Wingman Day. We'll lean heavily on this principle of airmanship as we answer our nation's call to duty. We'll be tested in the fire of expeditionary warfare abroad and the pressure of resource constraints at home — all the more reason to integrate a wingman mindset into everything we do.

## ACTION LINE ... 377-4357

By Brig. Gen. William Lord

81st Training Wing commander

First, try to work concerns through the proper chain of command. When you've exhausted this recourse, turn to the commander's action line for assistance.

We welcome any suggestions to help make this a valuable and useful tool. You may call the commander's action line at 377-4357 or by writing to Commander's Action Line, 81 TRW/PA, Keesler AFB, MS 39534-2603, or e-mail 81 TRW Commander's Action Line (on-base) or commanders.line@keesler.af.mil (off-base). For a personal response, include your name, address and phone number.

Items of general interest may appear in this column.

### An unhappy tune

**Comment** — I've called 377-3308 five times attempting to schedule piano lessons. I've never received a call back.

Every time I called, I told the person that answered the phone I'd called before. I was told, "We gave him the message."

I called again today. The person I spoke to said she gave the piano teacher the message.

I asked to speak with someone in charge. I was transferred to a man who said the piano teacher is booked.

If this is true, it seems to me the proper thing to do is return phone calls with this information.

I understand I'm not the only one whose calls have never been returned.

**Response** — Our contracted piano instructor didn't realize he needs to call prospective clients back until he has openings.

He has been counseled and will respond to all callers within one week.

# Obesity – help is close at hand for Keesler people

By Brig. Gen. (Dr.) David Young III

81st Medical Group commander

Obesity has become an epidemic in the United States.

According to the Center for Disease Control (<http://www.cdc.gov>), more than 64 percent of adults in the United States are overweight. This figure is even more significant since as recently as 2000 the CDC had estimated more than 31 percent of U.S. adults were obese. This means there are more than 59 million people who aren't just overweight, but are obese. This doesn't include our children, many of whom are following the same trend.

Obesity significantly increases the risk of developing a number of serious chronic health conditions, including diabetes, hypertension, heart disease, strokes, colon cancer, breast

cancer, endometrial cancer, gallbladder disease, arthritis, infertility and a myriad of psychosocial problems. The CDC estimates it costs more than \$93 billion annually to care for obesity-related diseases.

The 81st Medical Group is doing all it can to curb this costly epidemic by focusing on prevention. The best way to prevent obesity-related diseases is to prevent obesity. It's not rocket science. Some great resources for weight loss can be found at the health and wellness center. Also, our life skills department teaches behavior modification that has helped several people lose weight and develop healthy lifestyles.

Unfortunately, despite numerous attempts at diet, exercise and behavior modification, some people have become so obese they already have

those diseases. Their obesity is given the scientific name "morbid obesity."

Morbid obesity is defined as a body mass index of over 40 kilograms (about 100 pounds over ideal body weight) per square meter (the weight in kilograms divided by the height in meters) or over 35 kg/m<sup>2</sup> with associated obesity-related diseases (or comorbid conditions). Many BMI calculators can be found at <http://www.cdc.gov/nccdphp/dnpa/bmi>.

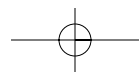
By far, the most successful treatment for morbid obesity is surgery. We've been performing laparoscopic gastric bypasses at Keesler Medical Center for more than a year now and have seen tremendous success. Patients include dependents of active-duty members, as well as retirees and their dependents. We average three weight-loss cases per week.

There have been no deaths from surgery and no long-term complications. Most people lose about 20 pounds in the first month and continue from there with some losing more than 150 pounds.

If you'd like help with your obesity or to prevent obesity in you and your family, your primary care manager is, of course, your greatest resource in finding the right program for you.

If you're morbidly obese and want more information regarding surgical options, we recommend you drop by the weight-loss surgery support group that meets monthly at the medical center. We also hold a monthly information meeting where surgeons, nurses and dietitians discuss surgical options in great detail.

For information on support group meetings, call Lisa Greiner, 377-3434.



## KEESLER NEWS

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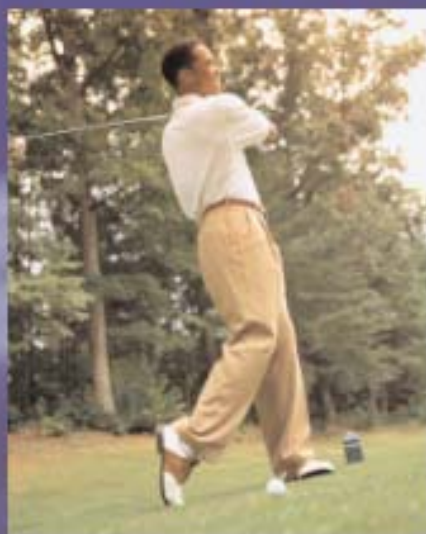
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# Keesler Honor Guard

Brig. Gen. William Lord,  
81<sup>st</sup> Training Wing commander,  
is hosting a golf tournament  
for Keesler's Honor Guard  
and invites you out for a day  
of fun in the sun

**Friday, 1 April 2005**

Call Jim Taylor @ 377-2081 or  
Master Sgt. Reginald Cobb @ 1986



Sign-up and warm-up: 10:30 a.m.  
Shotgun Start @ noon  
\$35.00 per person  
Includes lunch and  
Drawing for door prizes

Special package available  
2 Mulligans & 2 throws for \$5.00





# TRAINING AND EDUCATION

## Comptroller trainer earns Air Force honor



By Susan Griggs

Keesler News staff

Master Sgt. Bruce Homann, 335th Training Squadron, is the Air Force's comptroller educator of the year for 2004.

Sergeant Homann, financial management and comptroller career development course writer manager, has been in the Air Force for more than 19 years and arrived at Keesler 20 months ago.

He was critical to the promotion fitness exam study guide rewrite that impacted 212,000 enlisted personnel. He was

selected from 490 master sergeants for a skills knowledge test rewrite that revamped 60 percent of the material.

He also created 13 financial management scenarios to equip 156 students with customer service experience and skills.

Sergeant Homann served on the Air Education and Training Command's inspector general team for the Operational Readiness Inspection at Sheppard Air Force Base, Texas, inspecting 98 CDCs for 54 Air Force specialty codes.

He also filled in as his squadron's first sergeant and flight

superintendent during vacancies, and managed the government travel card program, on-the-job training and custodial contract.

He chaired the flight's student-of-the-month board and the first crossflow for company grade officers and senior noncommissioned officers.

Sergeant Homann, who served as the 81st Training Group's leader for the Combined Federal Campaign, was the squadron's senior NCO of the quarter twice during 2004. He belongs to Top III and the American Society of Military Comptrollers.

Sergeant Homann has worked in Wolfe Hall since he came to Keesler in 2003.

Photo by Kemberly Groue

### Banner year

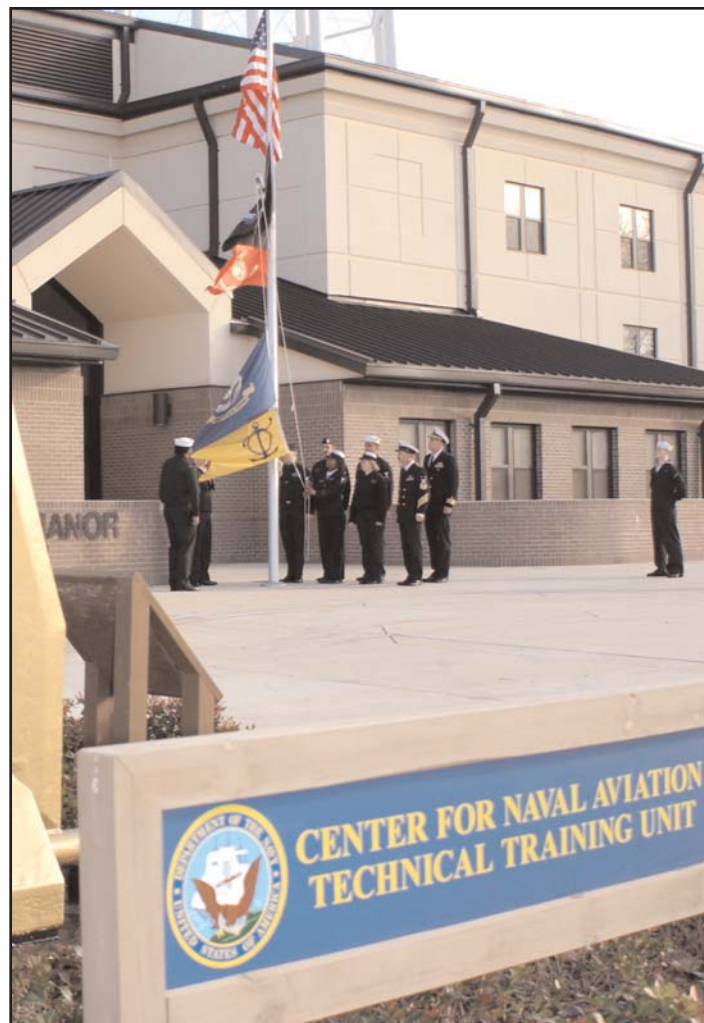


Photo by Kemberly Groue

Members of the Center for Naval Aviation Technical Training Unit raise the colors outside Alho Manor as part of a recent ceremony recognizing the unit's Outstanding Retention Award for the 2004 fiscal year. Keesler's CNATTU reenlisted 100 percent of its Sailors with 0-6 years of service, 91.7 percent with 6-10 years and 85.7 percent with 10-14 years.



Airman Staub



Sergeant Cobb



Captain Guill

## 3 win 2nd Air Force annual honors

By Staff Sgt. Carlos Diaz

Keesler News staff

Three Keesler people are 2nd Air Force annual award winners for 2004.

They are:

**Senior Airman Rachel Staub**, computed tomography journeyman for the 81st Medical Support Squadron, Airman of the year.

**Master Sgt. Reginald Cobb**, honor guard superintendent for the 81st Services Division, base honor guard program manager of the year.

**Capt. Aaron Guill**, 2nd Air Force's training applications branch deputy chief, company grade officer of the year.

Airman Staub, 81st Training Wing Airman of the year, is also the Air Force's diagnostic imaging technologist

Airman of the year and won the leadership award at Airman Leadership School.

She did 2,253 computed tomography scans, with a production rate 18 percent higher than her peers. She worked more than 550 additional hours performing CT after-hour calls that ensured 24/7 medical coverage.

Sergeant Cobb, the 81st TRW honor guard senior non-commissioned officer of the year, personally performed more than 40 honor guard details, directed more than 330 funerals, 100 ceremonies, 42 retirement ceremonies, 20 color guard presentations and two military parades and change of commands.

He managed and revamped honor guard database that

streamlined \$120,000 in inventory and personnel accountability and developed a landmark base search and recovery exercise involving more than 60 members.

Captain Guill advocated for four training wings, 11 training groups, 86 geographically separated units with Air Education and Training Command and Air Force headquarters.

He executed a \$220,000 advanced distributed learning budget that trained more than 20,000 students and 5,000 technical training instructors.

The captain secured \$1.1 million for acquisition of a virtual combat convoy trainer simulator and worked toward standardization of sexual awareness training for AETC instructors.



# Trainers fill gap for convoy communications

81st Training Support Squadron  
and Keesler News staff

When deployed forces are traveling in a convoy, quick and accurate communication is vital. Lack of training on the effective use and maintenance of communications equipment can prove deadly in the heat of battle.

Just-in-time training for convoy communications is one of the latest tasks for the 81st Training Support Squadron's qualification training flight. A Q flight team turned out the required product in only two months, a month ahead of schedule, in response to mission-critical requirements to provide standardized training to operators and maintainers in the field.

Chief Master Sgt. Larry Watlington, 2E career field manager, tasked Q flight to create the training package for expeditionary forces to improve command and control communications and eliminate deficiencies encountered during convoy operations.

During a convoy, information needs to be relayed constantly between the commander and members of the convoy, particularly the drivers. A myriad of commands and statuses ranging from the location of kill zones during an attack to vehicle problems must be communicated quickly by convoy personnel through secured or unsecured modes.



Air Force photo

**During a convoy, information must be relayed constantly between the commander and members of the convoy, particularly drivers, ranging from vehicle problems to the location of kill zones during an attack.**

The convoy communications training package developed at Keesler provides user-friendly, interactive, computer-based training encompassing nine separate pieces of equipment.

The suite of equipment includes several types of transceivers, various communications accessories and a global positioning system used in an onboard tracking system that provides the convoy commander with information about each vehicle's location.

Chief Master Sgt. Mark Sanders, the Q flight chief, said the normal

timeline for completing a training package of this magnitude is eight to twelve months. He challenged Senior Master Sgt. Colin O'Neill and his ground communications element with a three-month suspense for the task.

In addition to Sergeant O'Neill, the team included Master Sgt. William Shipton IV, Tech. Sgts. Steve Carden and Jerry Strauss, and Staff Sgt. Elue Palmer. Critical support came from the squadron's training development director, Dwight Duggins, and outside agencies including the Special Opera-

tions Command, Gentex Corporation, Harris Corporation, Motorola Incorporated and the Military Interactive Multimedia Instruction Center.

Key assistance also came from several deployed subject matter experts currently supporting convoy missions in Iraq.

Q flight unveiled the cutting-edge package when Keesler hosted the Air Force's annual ground radio utilization and training workgroup Jan. 31-Feb. 4.

"The Q flight folks did an outstanding job developing this interactive computer-based program package," Chief Watlington commented. "This training directly affects communications-electronics technicians tasked to support Army convoys and warfighters. Additionally, this exportable package will help protect future troop movements in Iraq."

"Given the initial feedback from the warfighters, this training package far exceeds all expectations."

Q flight is responsible for producing qualification training packages, job qualification standards for more than 100,000 personnel in 17 different Air Force specialty codes in the communications-electronic systems, information management, communications-computer systems and civil engineering career fields, including the Air National Guard and reserve components.

Susan Griggs, Keesler News staff, contributed to this report.

## Code Silver Exercise tests responses to weapons of mass destruction

By Susan Griggs

Keesler News staff

Last week's Code Silver tabletop exercise at Keesler is one way the Air Force is working toward effective incident response and installation force protection.

Code Silver is funded by the Air Force Surgeon General's office. Keesler is among 45 Air Force bases to participate in these exercises in the first nine months of 2005.

Two four-hour sessions with more than 85 base and community first responders and supporting agency officials took place March 24.

Base leaders and key officials were briefed the day before and after the sessions.

"Regarding chemical, biological, radiological, nuclear

**"The worst time to meet a co-worker is in a crisis where every minute counts in saving lives."**

— General Young

and enhanced conventional weapons, Code Silver's goals are to identify shortfalls and limiting factors of base response plans, cultivate relationships between on- and off-base responders and transition materiel capability into workable field procedures," explained Brig. Gen. David Young III, 81st Medical Group commander.

The general said Keesler met all of the exercise's stated goals.

"Code Silver was yet another

means, like our Lifesaver 2004 exercise, to establish relationships prior to an emergency," he pointed out. "The worst time to meet a co-worker is in a crisis where every minute counts in saving lives."

"Code Silver is intended to provide medical planners and operators with a better understanding of the demanding requirements placed on them by chemical and biological incidents and to bolster the readiness framework among

the Air Force's medical community and other emergency response organizations," noted Capt. Jay Snodgrass, coordinator and Federal Coordinating Center team chief for the 81st MDG.

He said the exercise was an opportunity to integrate Keesler's medical personnel with other Keesler and off-base organizations, such as security forces, hazardous material specialists, fire and rescue squads, state public health officials and

state laboratory staffs. All of these may be called on to respond to chemical and biological incidents on Air Force bases.

The program's scenarios allowed personnel to work through a variety of chemical or biological situations, interact on related issues and come up with efficient and effective plans and procedures to overcome challenges.

The scenario-driven, facilitator-moderated, seminar-style discussions led by L-3 Communications, a contract facilitator, focused on consequence management in radiological and biological environments complicated by mass casualties and other high-stress factors.

## TRAINING AND EDUCATION NOTES

### Mandatory training

Air Education and Training Command requires all Keesler personnel to complete initial environmental management training by today.

The training may be accomplished online at <http://webu.brooks.af.mil/webu/>.

For more information call Antonio Cofresi, 377-4816.

### Testing schedule

Education office deadlines for upcoming testing are:

**ACT** — May 26 for July 11.

To sign up, visit Room 224, Sablich Center or call 377-2323 or 2171.

### Hazardous waste class

Hazardous waste management training is 7:30-11:30 a.m. April 6 in the Sablich Center auditorium.

People who generate or handle hazardous waste are required to have this training annually.

For more information call 377-3004 or e-mail [paul.pearl@keesler.af.mil](mailto:paul.pearl@keesler.af.mil).

### Quarterly awards

The 81st Training Group quarterly awards ceremony for January-March is 7:15 a.m. April 7 in the Keesler Community Center.

Coffee and donuts are served.

For more information, call Tech. Sgt. Anthony Bellocq, 377-0647.

### CCAF graduation

The spring Community College of the Air Force graduation is 4 p.m. April 26 in the Keesler Community Center.

Graduates should arrive by 2:30 p.m. in service dress.

Chief Master Sgt. Aliquippa Allen, 81st Training Wing command chief, is the speaker. Diplomas are presented by Brig. Gen. William Lord, 81st TRW commander.

A reception follows the ceremony.

For more information, call 377-2323 or 2171.

### Virtual education

The Air Force Virtual Education Center has been transferred to the Air Force Portal.

To access AFVEC, use the AFVEC URL, <https://afvec.langley.af.mil>, or go directly to the Air Force Portal, <https://www.my.af.mil/afvecprod>.

### Pilot prospect



**1st Lt. Zan Sproles, a communications officer training instructor in the 333rd Training Squadron, has been selected for undergraduate pilot training. He's been in the Air Force almost four years and at Keesler nearly two years. The lieutenant is a graduate of the University of Arkansas-Fayetteville with a bachelor's degree in computer information systems. He begins training with the Navy at Whiting Field, Fla., June 21. He won't know what aircraft he'll fly until about three weeks before graduation.**

Use your Air Force Portal user identification and password to log on.

First-time users are prompted to re-register some of their profile information and then are taken directly into their AFVEC profile.

For more information, call Joyce James, 377-7056.

### Homosexual awareness

Homosexual awareness training is scheduled for 9 a.m. every other month in the Sablich Center auditorium.

The dates: April 21, June 23, Aug. 18, Oct. 20 and Dec. 15.

### Civilian tuition aid

Civilian employees assigned to Keesler are eligible for college tuition assistance.

Courses must be Air Force mission or job related and taken

through a regionally accredited college or university.

Required paperwork is available at the education office, Room 224, Sablich Center.

For more information, call 377-2323.

### Troops to Teachers

For general information on Troops to Teachers, visit <http://voled.doded.mil/dantes/ttt/index2.htm>.

For information on Mississippi Troops to Teachers, call Chris Carey, 1-800-MISS-TEACH.

### Buddy care training

Self-aid and buddy care instructor training is 7:30 a.m. to 1 p.m. the third Thursday of each month in the 403rd Aeromedical Staging Squadron training room across from Sablich Center.

Advance scheduling is required and may be done by calling Tech. Sgt. Charles Bateman, 81st Aerospace Medicine Squadron, 377-6456, or e-mailing [charles.bateman@keesler.af.mil](mailto:charles.bateman@keesler.af.mil).

### ACSC options

Air Command and Staff College can be completed by correspondence or seminar.

Majors or major-selects of all service components and civilians General Schedule-11 and above are eligible.

For more information, call or e-mail Edward Hodge, 377-7159, [eddie.hodge@keesler.af.mil](mailto:eddie.hodge@keesler.af.mil).

### Instructor openings

For information on Keesler NCO Academy instructor openings, call Senior Master Sgt. Robin Lee, 377-3405.

### USM online

For online courses through the University of Southern Mississippi, go to <http://www.usm.edu> or call 377-2309.

## CORRECTION

Col. Jessie Canaday, 81st Training Group commander, was incorrectly identified as the author of a commentary in the March 24 issue of the Keesler News.

Actually, the commentary was written by Lt. Col. Christopher Cook, 338th Training Squadron commander.



# NEWS AND FEATURES

## Keep sweaters handy

### Shift from heating to cooling takes place

By Susan Griggs

Keesler News staff

It's "nightmare time" for the 81st Civil Engineer Squadron — one of the two annual periods when facilities are switched back and forth between heating and cooling.

Although the process for switching buildings over from heating to cooling has already taken place, south Mississippi's volatile temperatures make maintaining adequate climate control an ongoing challenge.

Master Sgt. Dennis Fuelle, noncommissioned officer in charge of the 81st CES heating, ventilation, air condition and refrigeration shop, said the impact to facility occupants depends on the type of system installed in each facility.

"Many of our buildings have newer four-pipe systems that can provide heating and cooling year-round," he explained. "But most of the older facilities, including the majority of the dormitories



and billeting, have two-pipe systems that can only cool or heat at any one time and must be manually switched."

The older two-pipe systems take about eight days to shift from heating to cooling, while it takes three days to convert from cooling to heating.

"The waiting time is required because temperature changes can result in immediate system failure, with damage to compressors, tube ruptures and loss of refrigerant gases," Sergeant Fuelle com-

mented. "Replacing refrigerant isn't only an expensive proposition, but an environmental concern as well.

"It will still be a few weeks before all the cooling systems are functional, assuming we don't run into equipment problems, which we always do because the cooling systems have been off since December," he added.

The decision to end cooling and implement heating in older buildings has a degree of history and guesswork built into the process. As a result, the change to the cooling mode is made as late as possible to minimize inconvenience.

"Making system switches during our local two- to four-day temperature changes isn't possible or practical," Sergeant Fuelle pointed out. "Because cooling won't be available for some facilities, some facilities might get chilly if we get into a period with below-average temperatures."

## Keesler not linked to WAPS cheating

Air Force Print News and Keesler News staff

Keesler isn't among several bases where a number of Airmen have been implicated in the possible compromise of weighted airmen promotion system testing material.

"Keesler is not one of the bases in question," said Adrien Augustine, chief of the military personnel flight. "I don't know which bases are being investigated, but no one has approached us about any improprieties here."

Despite the alleged cheating, Air Force officials expressed confidence in the integrity of the system and testing continues across the Air Force.

"For more than three decades the weighted airmen promotion system has given our (Airmen) a fair and equitable way to rise through the enlisted ranks," said Chief Master Sgt. of the Air Force Gerald Murray. "We have full faith and confidence in this system and those Airmen who are deservedly promoted through WAPS."

Once the scope and impact of any compromise are fully understood, Air Force Personnel Center officials will notify Airmen who may have been unfairly affected and provide them

with information on how they can be considered for retroactive promotion.

Each year, the Air Force administers more than 220,000 tests to more than 100,000 Airmen. Airmen take different tests based on their rank and career field. There are 290 specialty knowledge tests and 20 promotion fitness examinations/United States supervisory examinations.

Airmen won't be directly affected by alleged cheating unless it occurred on the specific test for their rank and career field.

Air Force Office of Special Investigation officials are still investigating these cases, which aren't expected to invalidate tests from the recently concluded testing cycle or delay the next cycle.

As investigations are completed, they're turned over to commanders for possible disciplinary action. In some cases, charges have already been preferred and more investigations are expected, officials said.

Perry Jenifer, Keesler News editor, contributed to this report.

## IN THE NEWS

### Daylight saving time returns

Daylight Saving Time begins Sunday.

Set clocks ahead one hour before bedtime Saturday.

### Keesler News now online

The Keesler News is available on the Keesler public Web site starting with this issue.

The Web address is <http://www.keesler.af.mil>.

### A-76 town hall meeting

The next A-76 town hall meeting is 1:30 p.m. Monday in the Sablich Center auditorium.

### AFAF drive tops \$48,000

As of March 24, Keesler's Air Force Assistance Fund campaign has collected \$48,518.40.

The drive is scheduled to end Tuesday. Tax-deductible contributions may be made by cash, check, money order or payroll deduction.

For a list of unit representatives, see pages 30-31.

### Recyclable items

Recyclable items collected from military family housing areas includes tin and aluminum cans, newsprint, milk jugs, two-liter drink bottles and broken-down cardboard.

Items should be free of liquid or food residue and placed curbside in a marked recycling container by 6 a.m. on scheduled collection days.

### Hennessy Awards announced

Air Force Print News

SAN ANTONIO — Hennessy Award winners for the Air Force's top food services operations for 2005 are Kirtland Air Force Base, N.M., single-facility category; Hurlburt Field, Fla., multiple-facility category; 919th Services Flight, Duke Field, Fla., Air Force Reserve Command; and 140th Services Flight, Aurora Air National Guard Base, Colo., Air National Guard.

### Retiree Appreciation Day May 13

Keesler's annual Retiree Appreciation Day is May 13.

For more information, call 377-3871.

### New AAFES commander

Army and Air Force Exchange Service

DALLAS — Maj. Gen. Paul "Bill" Essex is the new commander of the Army and Air Force Exchange Service.

He's currently director of plans and programs, Air Mobility Command headquarters, Scott Air Force Base, Ill., and replaces Army Gen. Kathryn Frost, who retires in April.

### Child porn ends Air Force career

Air Force Print News

KADENA Air Base, Japan — Airman Ryan Stephens, 18th Security Forces Squadron, was sentenced to eight years confinement March 10 after being found guilty at a general court-martial of possessing child pornography, indecent acts upon minors, breaking into an absent service member's quarters and stealing items, and breaking restriction.

He was also demoted to airman basic, ordered to forfeit all pay and allowances and given a dishonorable discharge.



# Runover,

from Page 1

alarm at one of the new technical training student dormitories in the Triangle.

"My dispatcher called on the car radio, rerouting us to the Oak Park base housing area," the seven-year Air Force veteran recalled.

The change in destinations was in response to a request from the Biloxi Police Department for assistance in its pursuit of a fugitive.

That pursuit began when police attempted to serve warrants on Brandon Wayne Dugan at a home on Porter Avenue. Mr. Dugan was sought by Louisiana authorities and the U.S. Marshals Service for two counts of assaulting a law enforcement officer and two counts of processing and distributing methamphetamine.

Mr. Dugan fled in the Trailblazer and the chase was on.

When the sport utility vehicle approached Oak Park on Bayview Avenue at upwards of 100 mph, the call for assistance went out from the Biloxi PD to the 81st SFS.

Sergeant Short and Bobby were traveling west on Bayview when "I saw the pursuit coming right at me. I slammed on the brakes, realizing that a head-on collision would be a lot worse if both of us were moving."

A Biloxi policeman threw stinger spike strips into the path of the SUV in an attempt to blow out its tires. But Mr. Dugan spotted the spikes and swerved to avoid them.

"That's when he lost control," Sergeant Short said.

First, the Trailblazer caromed like a pinball from one curb to the other. Then, it spun sideways in the road and rolled over the sergeant's patrol car, coming to rest 15 feet beyond it.

Remarkably, Mr. Dugan crawled from the wreckage of the SUV and continued his escape attempt by jumping into the Back Bay of Biloxi. Biloxi police fished him out of the water and took him into custody.

Meanwhile, Sergeant Short, who was momentarily knocked out by the force of the collision, came to his senses.

"I don't know how long I



**Above is the wreckage of the SUV that rolled over the 81st SFS' patrol car during the driver's attempt to outrun Biloxi police who were serving warrants on him on behalf of Louisiana authorities and the U.S. Marshals Service.**

**Right, chalk marks in the background show where the fugitive lost control of his vehicle on Bayview Avenue after dodging stinger spike strips. Outlined in the foreground is the point where the SUV rolled over Sergeant Short's vehicle.**

Photos by Staff Sgt. Daniel Short

was out," he said. "My hands were cut. There was glass everywhere from my shattered windshield and the SUV."

The car radio still worked, so the sergeant called the 81st SFS dispatcher.

"I reported what happened, asked him to call my wife and asked him to get a vet for Bobby ... that's my partner, I had to get him some attention."

The base veterinarian examined Bobby at the scene and pronounced him "OK, just shook up."

An ambulance took Sergeant Short to the emergency room at Keesler Medical Center. His wife, Stephanie, was already there when he arrived.

The couple's son, Tyler, 5, was at home with Mrs. Short's brother, Sean.



"I can't remember anything going through my mind when I was called about Daniel being taken to the medical center," Mrs. Short said. "I was just scared, then relieved when I saw he wasn't badly hurt."

The sergeant was treated for cuts and bruises and sent home.

However, the next day, Sergeant Short's regular day off, "I wasn't feeling so hot. I was real light-headed, my speech was slurred and I was having trouble just getting around."

He returned to the emergency room, where he was diagnosed as suffering from "post concussion syndrome."

"After more examinations and tests, they sent me home with painkillers and muscle

relaxers," he said.

Friday, Sergeant Short and Bobby were back on duty. That night, they busted a drunk driver.

"You can't keep us down. We have a job to do," explained the sergeant, who's been at Keesler three years and Bobby's partner for 18 months.

As for Mr. Dugan, he was locked up in the Harrison County jail under \$25,000 bond for taking flight and without bond pending extradition to Louisiana.

He also faced additional charges of assault on law enforcement officers for injuries sustained by Sergeant Short and two Biloxi policemen during the chase.

# Personnel,

from Page 1

He asked DOD employees to be patient as the system is implemented, noting studies of pay-for-performance pilot programs have shown most workers like the new system.

After NSPS has been fully implemented, employees "will have a much happier work force," Mr. Chu said.

He said old civil service rules hamstrung supervisors and often caused service members to be employed for tasks that could be accomplished by civilian employees. Implementation of NSPS allows more flexible use of civilian employees, while freeing up service members to perform other important duties, Mr. Chu said.

Another initiative under study involves establishing longer duty tours for service members, especially senior officers, he said. Some military leaders serve in their posts for too short a time, and many senior officer tours of duty span 18 to 24 months.

"They never have enough tenure to make transformational changes, to see them through to success," Mr. Chu said.

Another personnel change under consideration is increasing the years of service military members need to retire. Today's 20-year minimum required for military retirement "has become something of an 'automatic' event" that began after World War II, he said. The requirement was established in conjunction with an "up-or-out" policy recommended by then-Army Chief of Staff Gen. George Marshall that was designed to prune veteran service members who'd become ineffective partly because of increased age.

But Mr. Chu said today's service members in their 40s and 50s are "physically fit" and "able to do many of the things that are necessary" in the military environment.

Consequently, "we need to have a system that allows them to serve ... on active service longer," he said, and that envisioned change "is one of the most difficult transformational challenges" DOD faces.



# PERSONNEL NOTES

**Editor's note:** This column is a service of the the Keesler News. Contributors include the Air Force Personnel Center, Randolph Air Force Base, Texas, and the 81st Mission Support Squadron's military and civilian personnel flights.

## WAPS study list available

### Air Force Personnel Center

RANDOLPH Air Force Base, Texas — The current weighted airman promotion system catalog, which lists the materials used by test writers to develop the 2005 promotion tests, is available on the Air Force Personnel Center Web site, <http://www.afpc.randolph.af.mil/testing>.

The catalog lists study references for those testing for staff through chief master sergeant.

Test dates for the technical sergeant and master sergeant cycle are through today, and staff sergeant, May 1-31.

## MyPay for civilians, retirees

By today, electronic copies of leave and earnings statements and W-2s replace hard copies for civilian employees and retirees.

MyPay is a Web-based pay information system available 24/7 from any computer. Keesler also has six kiosks (computer stations) available at the base exchange, Vandenberg Community Center, Levitow Training Support Facility, Keesler Community Center and Sablich Center (two).

Civilians who don't already have personal identification numbers to access myPay or have lost their PIN, call or visit the 81st Comptroller Squadron, 377-7272, Sablich Center, for a temporary PIN.

To turn off the hard copy LES, access your myPay account and click on the "turn on/off hardcopy" LES icon.

## Selective reenlistment bonus list cut

### Air Force Print News

WASHINGTON — Air Force officials made significant changes to the selective re-enlistment bonus program as a result of continuing force-shaping efforts.

Based on the findings of a review in October, officials have published the latest list, which contains 32 Air Force specialties, down from 62.

The new list was effective March 24. However, decreased and deleted bonuses take effect April 23.

All enlisted career fields were reviewed, including those with special duty and reporting identifiers.

The criteria used for determining which enlisted fields remained on the list included current and projected manning levels, re-enlistment trends, career field force structure changes, and career field stress levels, officials said.

Bonuses are authorized by half-point increments (or multiples) in three re-enlistment zones for Airmen with 17 months to 14 years of service.

The new list can be found at <http://www.afpc.randolph.af.mil/enlskills/Reenlistments/reenlistments.htm>.

For more information, contact the re-enlistment section of the military personnel flight.

## Long-term care insurance

For information on the long-term care insurance program and how to enroll, go online to <http://www.ltcfed.com> or call 1-800-582-3337 or TDD 1-800-843-3557, 7 a.m. to 7 p.m. weekdays and 8 a.m. to 4 p.m. Saturdays.

## Emergency contacts for civilians

The emergency management data system is a Web-based method for civilians to input personal emergency contact information.

For more information or to register, visit <https://ww2.afpc.randolph.af.mil/emds/default.htm>.



# Risk management applies to homeland security

By John Banusiewicz

American Forces Press Service

WASHINGTON — Risk management must guide decisions on preventing, responding to and recovering from terrorist attacks, the new homeland security secretary said here March 16.

Michael Chertoff spoke at George Washington University in his first major address since taking office Feb. 15.

“A nation as vital and thriving as ours cannot become hermetically sealed; even less can we afford to be overwhelmed by fear or paralyzed by the existence of threats,” he said. “That is why we need to adopt a risk-based approach in both our operations and our philosophy. Risk management is fundamental to managing the threat while retaining our quality of life and living in freedom.”

The secretary illustrated his point by noting people take risks every day.

“The perfect way to avoid the risk of a car accident is never to leave your home in a car,” Secretary Chertoff said. “But very few people pursue this kind of perfect security, because we understand that it is self-defeating. ... When we get into our cars, we take reasonable precautions, but we also go about our lives. We go to work, we drive our children to school (and) we visit friends. We are managing risk.”

The same principle, he said, applies at the homeland security level.

“The most effective way, I believe, to apply this risk-based approach is by using the trio of threat, vulnerability and consequences as a general model for assessing risk and deciding on the protective measures we want to take,” Secretary Chertoff said.

He also warned against focusing principally on the threat.

“A terrorist attack on the two-lane bridge down the street from my house would be bad, but would have a rela-

tively low consequence compared to an attack on the Golden Gate Bridge. And at the other end of the spectrum, we know that even a remote threat to detonate a nuclear bomb is a high-level priority because of the catastrophic effect that would have even though it is a remote threat.

“So each threat must be weighed with the consequences and the vulnerabilities that are attached to it,” he said. “As consequence increases, we have to respond according to the nature and credibility of the threat and any existing state of vulnerabilities.”

Secretary Chertoff said homeland security is one piece of a broader strategy President George Bush has laid out. That strategy first involves taking the battle to the enemy, he said.

“To be blunt, we have forced terrorists to spend more time worrying about how to defend themselves against death and capture, leaving them less time to plot how to get by our own

defenses,” he said. “That strategy pays enormous dividends in terms of diminishing the threat. First, the intelligence we gain is a major tool in disrupting the threat. And second, by taking the fight to our enemies, we keep them on the run (and) limit their abilities to plan, train and act.”

A “defense in depth” is another part of the strategy, the secretary said.

“That means even as we pursue terrorists overseas, we work here at home to prevent infiltration by those terrorists and their weapons, to protect our people and our places if infiltration occurs and to respond and recover if an attack is carried out,” he said. “This is embodied in our strategy of building multiple barriers to terrorist attack.

“Homeland security does not simply rest upon the federal government. It requires collective national action,” he said.



## RETENTION CORNER

Senior Airmen Andrea Gill, left, and Stacey Hoff, 81st Supply Squadron, discuss equipment accounts. Airman Hoff is an equipment management journeyman. She monitors equipment accounts throughout the base. The Dixon, Ill., native enlisted in the Air Force in February 2001. She reenlisted in January and will be promoted to staff sergeant May 1. Airman Hoff said she reenlisted because she loves the military. After completing her Community College of the Air Force degree, she plans to pursue a bachelor's degree in business. Off duty, she plays softball, exercises and spends time with family and friends.

Photo by Kemberly Groue



## Certain personnel records stay at Air Force Personnel Center

### Air Force Print News

RANDOLPH Air Force Base, Texas — Airmen who retire or separate don't have to wait several months to receive requested copies of certain records because of a recent change in how the Air Force maintains personnel records.

The 49-year-old practice of sending nearly 5,500 personnel records each month to the National Personnel Records Center in St. Louis ended in February as part of an effort to save money and give Airmen better access to their records, officials said.

"People usually have a lengthy wait before receiving copies of their records from the NPRC, and it costs the Air Force around \$8 million a year to maintain records there," said Jo Hogue, chief of master personnel records at the Air Force Personnel Center here. "That price tag would keep increasing if we sent more records to the NPRC, and our customers wouldn't have the accessibility we'll be able to provide."

"(AFPC Airmen are) committed to providing state of the art, convenient, leading-edge service, and this is another step in the effort to make Air Force personnel records available online anytime," said Maj. Gen. Anthony Przybyslawski, AFPC commander. "We hope to be able to offer that capability to our active-duty customers sometime in the next few of years."

In the meantime, former active-duty Airmen who retired or separated on or after Oct. 1,

2004, can request copies of records by writing to AFPC/DPFFCMP, 550 C St. W., Suite 19, Randolph AFB, TX 78150 or faxing 1-210-565-4021 or DSN 665-4021.

People requesting their own records need to send a signed note that includes their name, Social Security number, contact information and specific record requested. Those requesting a relative's record also need to provide their relationship to the former Airman.

Former Guard and Reserve Airmen who retired or separated on or after Oct. 1, 2004, can write to HQ ARPC/PSDC, 6760 E. Irvington Place, Suite 4000, Denver, CO 80280 or fax 1-303-676-7071 or DSN 926-7071.

Those who retired or separated before Oct. 1, 2004, can visit the NPRC Web site for record request instructions.

This change doesn't affect the disposition of medical and dental records, Mrs. Hogue said. They're still stored permanently at the NPRC.

Before this change, the paper copy that went to the NPRC was the only copy of a person's record; now there are two electronic versions in separate locations, Mrs. Hogue said.

For more information, those who served or are currently serving on active duty call the Air Force Personnel Contact Center, 1-800-616-3775, commercial 1-210-565-5000 or DSN 665-5000. Those who served or are serving in the Air National Guard or Reserve, call the Air Reserve Personnel Center, 1-800-325-0102.



# Good nutrition + physical activity = good health

By 2nd Lt. Tracey Brooks

## 81st Medical Support Squadron

National Nutrition Month is an annual education campaign sponsored by the American Dietetic Association to promote good nutrition and physical activity as key components of good health.

This year, the campaign focuses on these key messages: Be adventurous and expand your horizons, treat your taste buds, maintain a healthy weight, balance food choices with your lifestyle and be active.

**Be adventurous** and expand your horizons. Variety is a key component to good nutrition. Choose foods with a variety of flavors, texture and colors. Experiment with the wide selection of tasty and healthy ethnic and regional foods out there. Explore the wide world of nutrition by trying a new food

or recipe at least once a month.

**Treat your** taste buds. Although moderation is a crucial element of a nutritious diet, meals don't have to be bland or boring. Choose foods sensibly by looking at the big picture; it's what you eat over several days, not just one meal or day, that counts. All foods can be included in a healthful diet — just control how much and how often certain foods are eaten, especially foods high in fat, sugar or sodium.

**Maintain a healthy** weight. Managing your weight is essential for good health and quality of life. Carrying excess weight can negatively impact health and performance. The location of extra weight on the body is an important factor. Excess body fat in the stomach area is associated with increased risk for heart disease, high blood pressure, diabetes and certain types of cancer. Healthy eating and

regular physical activity make it easier to achieve lifelong weight management and long-term health.

**Balance food** choices with your lifestyle. A lifestyle that promotes nutrition and physical fitness is the foundation for good health. Incorporating healthful habits into daily life is worth the effort. Choosing the right balance of foods from the major food groups ensures the right combination of nutrients.

**Be active.** Be creative and enjoy a variety of ways to stay active to feel your best. Exercise experts agree lack of motivation is the No. 1 reason people have trouble sticking to a regular exercise program. Make a list of physical activities that fit into your lifestyle and schedule one every day. Expensive equipment or complicated fitness programs aren't necessary to achieve and maintain a high level of fitness.

## Nutrition information resources

Ready resources of nutrition information on base include:

**Keesler** Medical Center.

**Magnolia**, Live Oak, Azalea and Pecan Dining Halls.

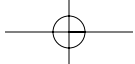
**Base** exchange mall.

**McBride** Library.

**Child** development center.

**Dragon**, Blake and Triangle Fitness Centers.

For more information, call the nutritional medicine flight, 377-6850.



# Individual mobilization augmentees gain training scheduling flexibility

**Air Reserve Personnel Center and Keesler News staff**

A recent policy change modifies the inactive duty training policy for individual mobilization augmentees and gives the reservists more flexibility to schedule training requirements.

“While it is expected our IMAs will participate on a quarterly basis to maintain viability and visibility within their active-duty units, the loss of flexibility in mandating such a policy has shown no substantive improvements in budgetary control or IMA readiness,” wrote Lt. Gen. John Bradley, chief of Air Force Reserve, in the memorandum changing the policy.

The reservists and their supervisors are free to schedule training whenever they see fit within the first three quarters of the fiscal year; however, there are stipulations to this newfound freedom of choice, according to the memo.

The quarterly training days now are restricted only in the fourth quarter of the fiscal year.

Waivers must be approved by the Air Reserve Personnel Center commander, officials said.

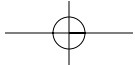
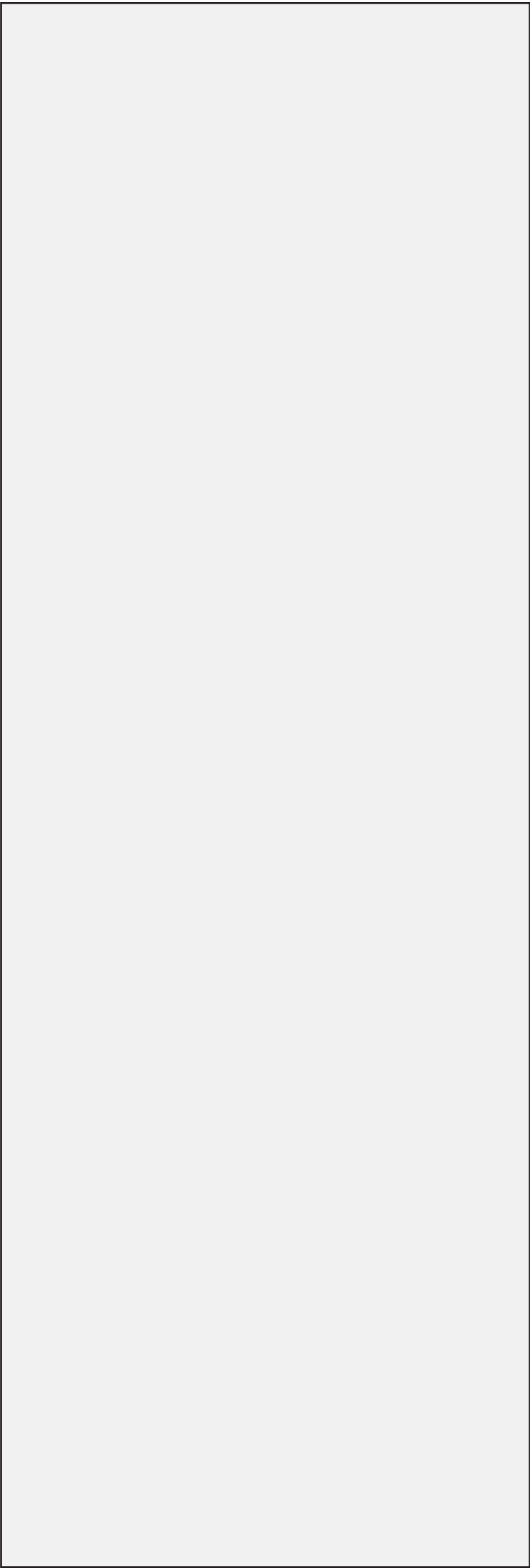
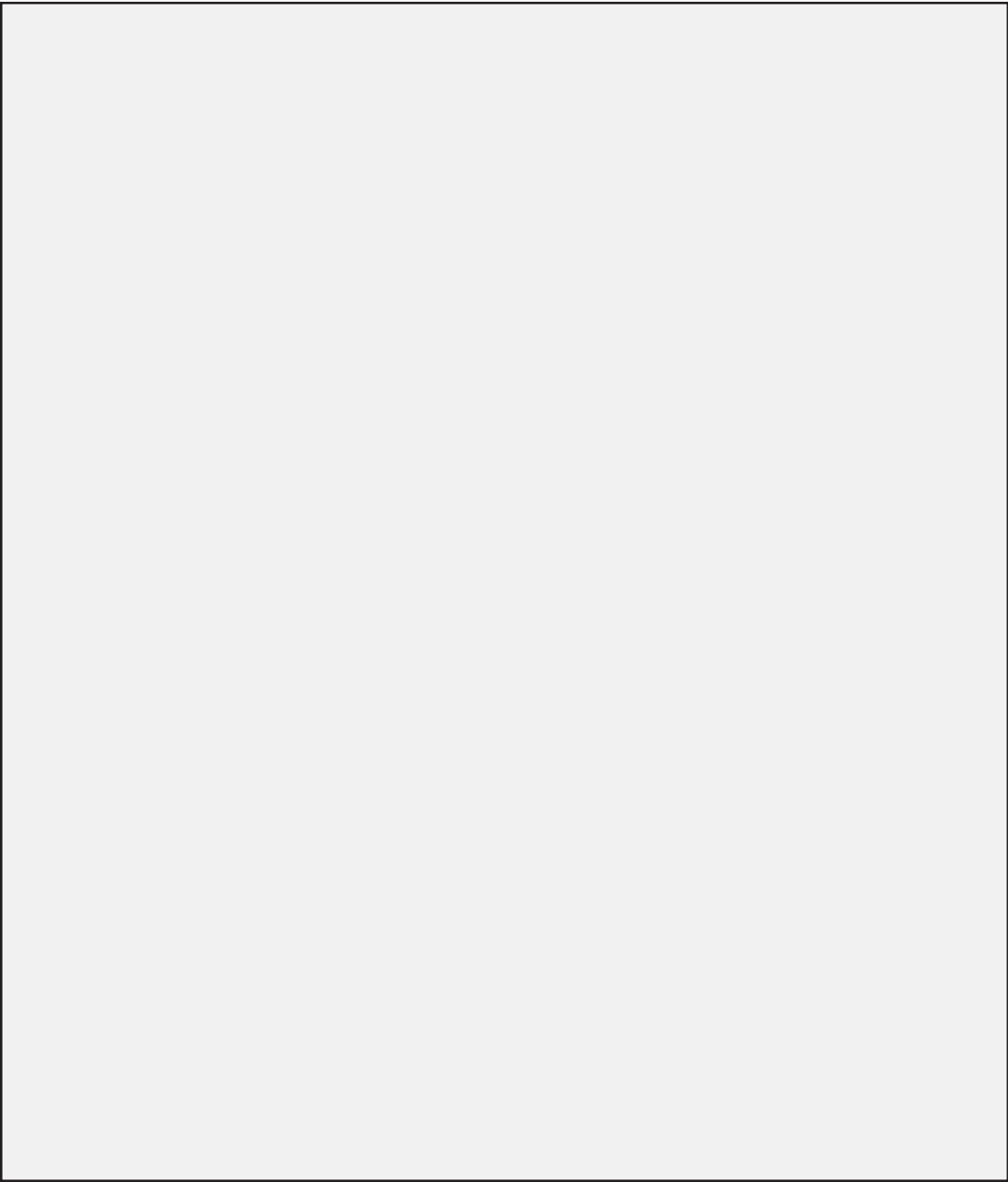
The reservists, along with their supervisors or program managers, still must develop an annual schedule of training periods before each fiscal year. All training periods must be approved in writing by an Airman’s supervisor with an information copy sent to the appropriately assigned program manager before the training period.

The training days must prepare the reservist for mobilization, officials said.

For more information, call Senior Master Sgt. Rodney Stone, base IMA administrator, 377-2476, or the ARPC, DSN 926-6503 or commercial 1-303-676-6503.

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Tech. Sgt. Rob Mims, Air Reserve Personnel Center Public Affairs, and Susan Griggs, Keesler News staff, contributed to this report.





# DOD unveils new program of preventive health care

By Gerry Gilmore

American Forces Press Service

WASHINGTON

Defense Department officials are launching a new preventive health care program called "Healthy Choices for Life," the department's senior medical adviser said here Jan. 26.

The purpose of the TRI-CARE-managed program is "to put information in the hands of individual service members and family members so that they can change their behavior," said Dr. William Winkenwerder Jr., the assistant secretary of defense for health affairs.

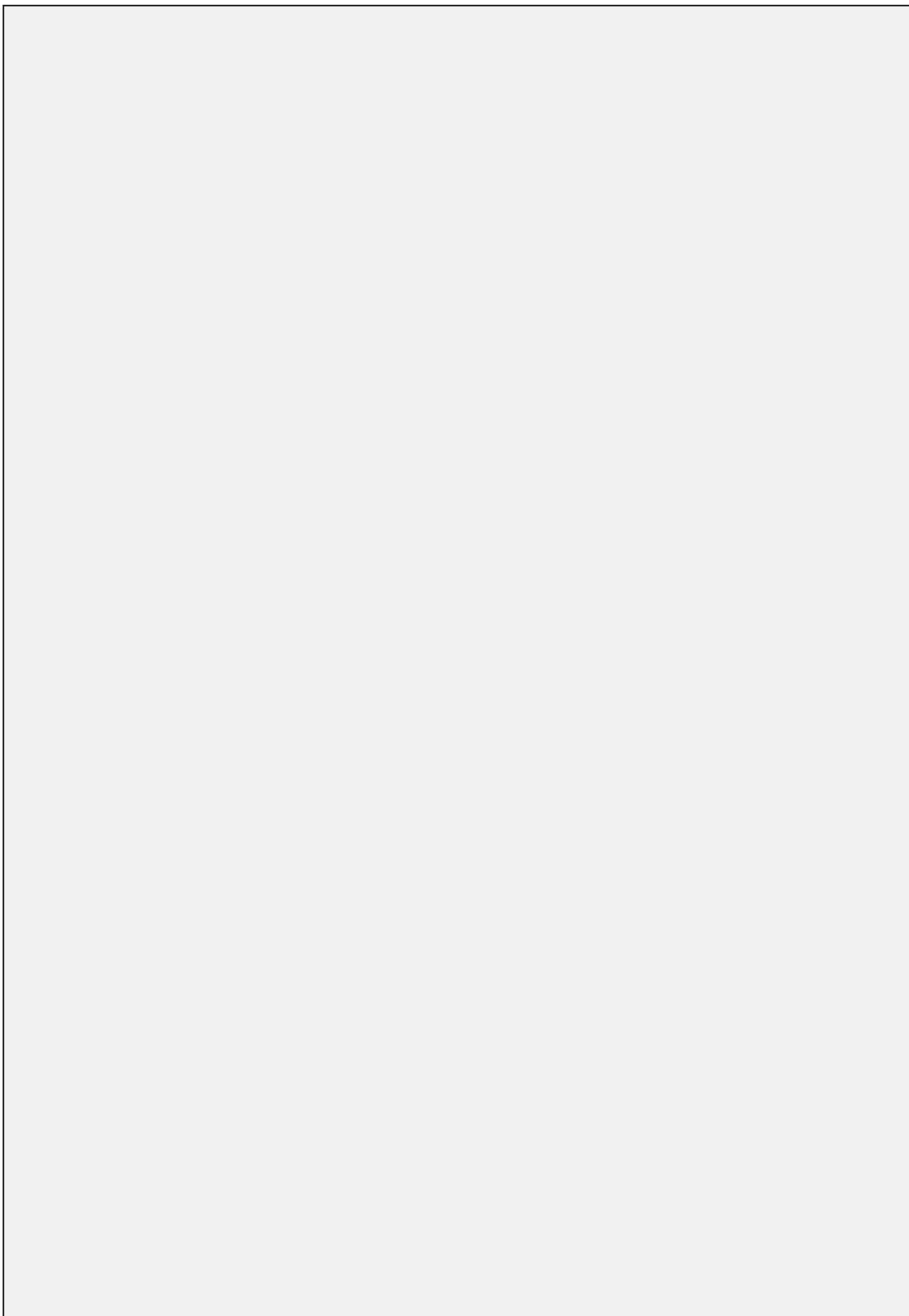
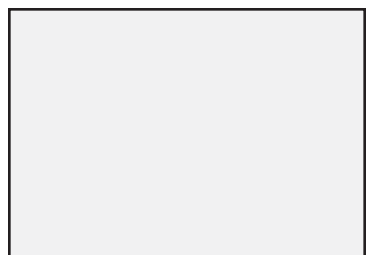
The program focuses on persuading people to quit smoking, moderate drinking habits, exercise and lose weight, he said.

Adopting more moderate health habits enables people "to avoid bad health outcomes and bad health problems" like lung cancer, emphysema, liver and brain damage, diabetes, heart attacks and strokes, Dr. Winkenwerder said.

He said about \$13 million has been budgeted to fund pilot programs over the next few years. Some features of the pilot projects under consideration include toll-free smoking and drinking cessation phone lines and dedicated Web sites touting healthier lifestyles, he said.

Dr. Winkenwerder said the program is envisioned as a DOD-wide and -managed endeavor rather than separate programs run by each armed service.

For more information, visit <http://www.tricare.osd.mil/healthychoices/>.



# Initiatives boost skills in language

## American Forces Press Service

WASHINGTON — Defense Department officials are looking for people with language skills to support not only current operations, but future ones as well, said Gail McGinn, deputy undersecretary of defense for plans.

To help boost language skills within the military, she said, DOD officials launched or plan to introduce several new initiatives:

**Increased** the Defense Language Institute's budget by more than \$50 million to go toward curriculum development and improved foreign language testing, to develop more "crash courses" for developing troops and to begin training students to higher levels of proficiency.

**Received** legislative authority to increase foreign language proficiency pay for military linguists from the current high of \$300 a month to a top rate of \$1,000.

**Pays stipends** to college students involved in regional studies and language studies who agree to seek jobs in the U.S. national security establishment, through the National Security Education Program.

**Established** the National Flagship Language Initiative, in which colleges and universities offer advanced language training in Arabic, Korean, Chinese and Russian to students who agree to work for the national security establishment.

**Initiated** a pilot program within the Army encouraging Iraqi Americans to join the Individual Ready Reserve, providing a pool of Arabic linguists, ready when needed.

**Will survey** members of the current force, both military and civilian, to determine who has language skills that could prove useful in current or future operations.

**Issued** a white paper encouraging the United States to promote the emphasis on language skills nationwide.

**Promoted** the development of language and translation software.





Photo by Steve Pivnick

**Sisters Capts. (Drs.) Erika Gonzalez, left, and Veronica Gonzalez-Brown stand beside a baby warmer in a Keesler Medical Center delivery room. Newborns are placed in the baby warmer shortly after birth.**

# Sisters share careers in medicine, Air Force

**By Steve Pivnick**

**81st Medical Group Public Affairs**

Erika and Veronica Gonzalez have much in common besides being sisters.

Both are graduates of St. Mary's University in San Antonio. Both received medical degrees from the University of Texas Medical Branch at Galveston under the Air Force's Health Professions Scholarship Program.

Both are captains in the Air Force. And both are medical residents at Keesler Medical Center.

Veronica Gonzalez-Brown, 31, is in her last year of a four-year obstetrics/gynecology residency. Erika, 29, is completing her last year of a three-year pediatrics residency.

The sisters, who call San Antonio home, were on inactive reserve status during medical school and entered active duty two years apart. Veronica came on active duty in 2000 and Erika followed in 2002.

The medical field may be in their blood; their father is a retired Air Force physician assistant.

"We always wanted to go into medicine," they said.

However, they really hadn't planned to both become residents at Keesler Medical Center. Veronica arrived here in 2001 and Erika in 2002.

Erika was happy to follow her sister to Keesler.

"It's nice to have family nearby," she explained.

Although they're in different residency programs, they do have opportunities to interact as they participate in the same deliveries. They readily agree there's no competition between them.

There was one special delivery both were involved in, but not as physicians.

Veronica gave birth to her and husband Christopher's first child, Isabella, Nov. 18 at the medical center. Erika said she was there but "not as a pediatrician."

"She was there as an aunt," Veronica observed.

Erika remains at Keesler Medical Center after completing her pediatrics residency.

"I'll serve another year at the medical center as chief resident," she said.

Although she isn't yet certain about making the Air Force a career, Erika hopes to pursue an allergy and immunology fellowship.

"If I am accepted, it would be a two-year program at Wilford Hall Medical Center (Lackland Air Force Base, Texas)," she noted.

Veronica is contemplating an Air Force career.

"I plan to do a (two-three-year) tour in general OB/GYN and then enter a maternal-fetal medicine fellowship," she said.

This would most likely be a three-year program in a civilian hospital.



# 'Search angels' help sergeant find birth mother

By Steve Pivnick

## 81st Medical Group Public Affairs

Staff Sgt. Katherine Blade has a thick folder full of e-mails, letters and documents that has literally changed her life.

Sergeant Blade, a medical laboratory journeyman with the 81st Medical Support Squadron Clinical Laboratory, used the material to locate her birth mother and, as a bonus, an entire family she didn't know she had.

"I always knew I was adopted," she explained. "It was a closed adoption and the (California) Department of Social Services had given my adoptive mother a biography of my birth family — without any names.

"My (adoptive) mother, Nora Olynick, told me my birth mother had given me up because she truly loved me, but she was too young and unable to take care of me. I would always look at that biography wanting to find my birth mother."

In 2001, Sergeant Blade went into the online birth registry, hoping someone would recognize her, but she heard nothing.

## Aid from angels

"Then last year around the Fourth of July weekend, I was working nights and had time on my hands," she recalled. "I went on line to try it again and found a real good Web site — the Search Angels site. They e-mailed me information I never thought I'd receive."

According to the site, a search angel is anyone willing to share the resources available to them with those searching for birth parents.

Sergeant Blade, 31, knew she had been born in San Bernardino, Calif. A search angel e-mailed her a birth index containing her birth mother's maiden name — Peebles.

She continued, "I did more research. I didn't know if my birth mother was born in California or had moved there."

Another search angel helped her obtain a number of names. One of the names turned out to be one of two aunts she discovered she had. Unfortunately, her mother's name wasn't included, which apparently meant she wasn't born in California.

"I wrote to the county of San Bernardino requesting non-identifying information about my birth family," she said. "Six months later, I received a 10-page family biography without any names."

## Too young for motherhood

Sergeant Blade learned her mother had told a social worker she had given up her baby because she felt she was too young. She had gone to California to live with an older sister, now deceased, and helped care for her nephew.

She also learned her immediate birth family consists of the two aunts plus two uncles, a "grandma and grandpa" and a younger brother and sister.

"The biography gave the ages of my mother's siblings which I used to piece together background using the information I already had," she said.

When she learned her mother was born in Idaho, Sergeant Blade went on the Web into the Idaho birth index. It was Dec. 30 and she had to work that weekend. She found a little girl named Marsha Peebles had been born in Boise in 1955. By now, she was friends with a search angel named Colleen.



Photo by Steve Pivnick

**Sergeant Blade runs a patient sample on a hematology analyzer in the clinical laboratory at Keesler Medical Center. Sergeant Blade, who calls Charleston, S.C., home, was a Phase II lab student at Keesler from 1999-2000 before a three-year assignment to Travis AFB, Calif. She returned to Keesler in 2002. May marks her seventh year in the Air Force.**

"Every Nov. 8  
I wondered if my mom  
was thinking of me –  
it turned out she was!"

— Sergeant Blade

She contacted her to help with a current address for Marsha.

She went to the store and bought a card.

"I sat down and wrote my mom a letter. I included photos of myself, my husband (Tracii) and three sons (Eric, 8; Shane, 4; and Wesley, 3). On Jan. 19, I received an e-mail from my mom. Her name is now Marsha Gibson and she lives in Centralia, Wash."

Sergeant Blade learned her birth mother had been looking for her as well, but didn't want to invade her adoptive mother's space. She's received many e-mails from Marsha and letters from her 21-year-old sister. She also has a 13-year-old brother.

Sergeant Blade related that a social worker had said Marsha never held or named her baby. However, Marsha told Sergeant Blade she indeed had held her and named her Faye, her own mother's middle name. She wrote that she had given her up because she was only 17, unmarried, jobless and unable to care for a baby on her own. Marsha was kept informed of the baby's progress until the adoption was final.

Talking about her own childhood, Sergeant Blade said her father was a major in the Air Force, a navigator on C-130 Hercules aircraft assigned to March Air Force Base, Calif. The family lived in San Bernardino until her father's death when she was just 14 months old. After her father died, her mother wanted to move back home to Charleston, S.C., to be near her own family.

"I grew up an only child and wondered what it would be like to have brothers and sisters," Sergeant Blade noted.

## Health challenges

Her infancy was difficult. She was born with rubella which her birth mother had contracted when she was three months pregnant. At three months, she was diagnosed with a dislocated hip which caused one leg to be 2-3 inches shorter than the other. She had surgery and was in a series of neck-to-toe body casts that were changed every two weeks until she was 15 months old.

"For several months my mother couldn't use a can opener or other devices because they sounded like the saw used to cut the casts," the sergeant said. "I would become hysterical at the sound."

Sergeant Blade, a petite redhead, discovered she is of Irish and Scottish background with a bit of Native American blood.

"I look like my birth family — all are short and red hair is common among them," she observed.

She also has learned some interesting things about her birth family. Her aunt Gail does the family genealogy. Apparently she has traced the family roots as far back as Scotland in the 1300s and Robert II, king of Scotland.

"We both want to meet," Sergeant Blade said. "We're very happy we found each other. Marsha had also been in touch with a search angel but had had no luck. She told me, 'Thank you, thank you, thank you for finding me!'"

## Thanks for adoptive mom

Marsha thanked Sergeant Blade's adoptive mother for raising her. Sergeant Blade said her adoptive mother always stressed her birth mother had given her up because she loved her and has always supported her efforts to find her birth family.

Sergeant Blade said the day Marsha received her letter, she was taking her own mother to the grocery store. She gave the letter to her mother as they traveled to the store. Her mother asked, "Who is this girl? She looks just like you." Marsha told her mother the photo was the baby she had given up for adoption. Her mother told Marsha to call Sergeant Blade. Marsha now shows all her friends the photos Sergeant Blade sent her.

Marsha asked Sergeant Blade to give her hugs and kisses to the boys. She also wants to meet Sergeant Blade's adoptive mother.

"I told my 8-year-old the story and he asked, 'Is she my grandma too?'" Sergeant Blade recalled. "I told him, 'We'll just call her 'Marsha.'"

In an e-mail Marsha said, "I think of you all the time, especially on Nov. 8 (Sergeant Blade's birthday). When I got your letter, I broke down and cried."

Sergeant Blade commented, "Every Nov. 8 I wondered if my mom was thinking of me — it turned out she was! This has been a dream come true — it's not often a story like this ends happily."



# Simple steps guide journey on path to women's health

**Editor's note:** The following was adapted from the Department of Health and Human Services by the Women's History Month Committee.

Doing simple things daily, weekly, monthly and yearly can help keep women safe and healthy.

## Daily steps

**Eat healthy.** Diets rich in fruits and vegetables may reduce the risk of cancer and other chronic diseases. They provide essential vitamins and minerals, fiber and other substances that are important for good health. Most fruits and vegetables are filling and naturally low in fat and calories. Drink lots of water and go easy on the salt, sugar, alcohol, and saturated fat. Choose nutritious, filling snacks.

**Maintain a healthy weight.** To lose or maintain weight, exercise, eat a balanced diet, eat less saturated fat, make healthy food choices and go easy on extra portions or serving sizes.

**Get moving.** Regular physical activity substantially reduces the risk of dying of coronary heart disease, the nation's leading cause of death, and it decreases the risk for stroke, colon cancer, diabetes, and high blood pressure. It helps control weight; contributes to healthy bones, muscles, and joints; reduces falls among older adults; helps to relieve the pain of arthritis; reduces symptoms of anxiety and depression; and is associated with fewer hospitalizations, physician visits and medications.

Physical activity doesn't need to be strenuous to be beneficial. People of all ages benefit from participating in regular, moderate-intensity physical activity, such as 30 minutes of brisk walking five or more times a week.

**Be smoke-free.** Quitting smoking is one of the most important things you'll ever do. You'll live longer and live better. Quitting lowers your chance of having a heart attack, stroke, or cancer. If you're pregnant, quitting smoking will improve your chances of having a healthy baby. The people you live with, especially your children, will be healthier. You'll also have extra money to spend on things other than cigarettes.

**Manage stress.** Job stress has become a common and costly problem in the American workplace, leaving few workers untouched. Short-lived or infrequent times of stress pose little risk. But when stressful situations go unresolved, the body is kept in a constant state of being "on," which increases the rate of wear and tear to body systems. Ultimately, fatigue or damage results, and the body's ability to repair and defend itself can become seriously compromised.

As a result, the risk of injury or disease escalates. Evidence suggests that stress plays an important role in several types of chronic health problems, especially cardiovascular disease, musculoskeletal disorders, and psychological disorders.



**Know yourself and your risks.** Do you neglect to wear seat belts every time you drive or are a passenger in a vehicle? Do you work at a job that exposes you to hazardous substances or agents? Are you a sun worshiper? Do you have a family history of diabetes, heart disease, or cancer? These things may place you at risk for injury, disease, or disability. Your family history, environment and daily lifestyle choices and behaviors help to define your health and your risks. Know what they are and take steps to reduce your risk.

**Be safe — protect yourself.** Take steps to protect yourself from injury, one of the leading causes of death, regardless of age.

Also, protect your health by washing your hands, wearing sun screen, having a plan for possible emergencies, following safety tips at work and wearing a helmet while riding a bicycle, motorcycle or skating.

**Plan ahead for pregnancy.** Are you thinking about getting pregnant? Make sure you take folic acid daily before, during and after pregnancy to lower the risk for certain birth defects.

**Be good to yourself.** It's not all about work. Take time for yourself, get enough rest and sleep and spend time doing something you like.

## Weekly steps

**Check your progress.** If you're starting a new exercise routine, start slowly to prevent injury. Check with your health care provider before you start a strenuous or difficult routine, or if you have any concerns about your health. Praise yourself for getting on track and living healthy.

**Keep trying.** If you've slipped, no problem — start again. You know something now that you may not have known before about what works or doesn't work for you. Discover new opportunities to learn more about yourself.

Please see **Women**, Page 21

## Women,

from Page 20

## Monthly steps

### Do a breast self-exam.

Talk with your health care provider about this and other breast cancer screening methods, including clinical exams and mammography

### Prepare for emergencies.

Test smoke detectors to ensure that they work properly. Make an emergency plan and practice evacuation drills every few months.

**Plan ahead.** Make sure that you've scheduled appropriate medical or other appointments, have healthy food in your home, and have an adequate supply of medications you are taking.

Make a plan now for who'll care for you or your family in case of illness.

Dress appropriately and assure that your home, car and other environments are safe and in proper working order.

If you're traveling outside the United States, be aware of vaccination requirements or health issues for areas you're visiting.

**Reflect.** Review what you did during the month to improve your mental and physical health. Plan how you'll improve next month.

## Yearly steps

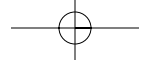
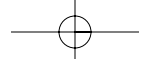
**Get routine exams and screenings.** Some should be done annually, while others should be done more often, and a few less often, depending on your age, medical and family history, and individual choices that may put you at increased risk for disease. These include mammograms every year or two after age 40, a Pap test every one to three years; and checks for blood pressure, sexually-transmitted diseases, vision, dental, diabetes, depression and other conditions.

### Get vaccinations.

Vaccinations help to keep you healthy — they aren't just for kids. Make sure your pets are vaccinated — their health can impact your health.

### Have a healthy birthday.

If you drink alcohol, watch what and how much you drink. Don't drink and drive.



# Recycling competition runs through April 15

Earth-Arbor Day squadron recycling competition continues through April 15.

Each load of recyclables turned into the recycling center is weighed and recorded, and a trophy is awarded to the squadron bringing the most total weight of items.

Only cardboard, white paper, clear plastic, newspaper and aluminum cans are counted for the competition.

For more information, call Joe Powell, 377-4546.

Other Earth-Arbor Day events April 21:

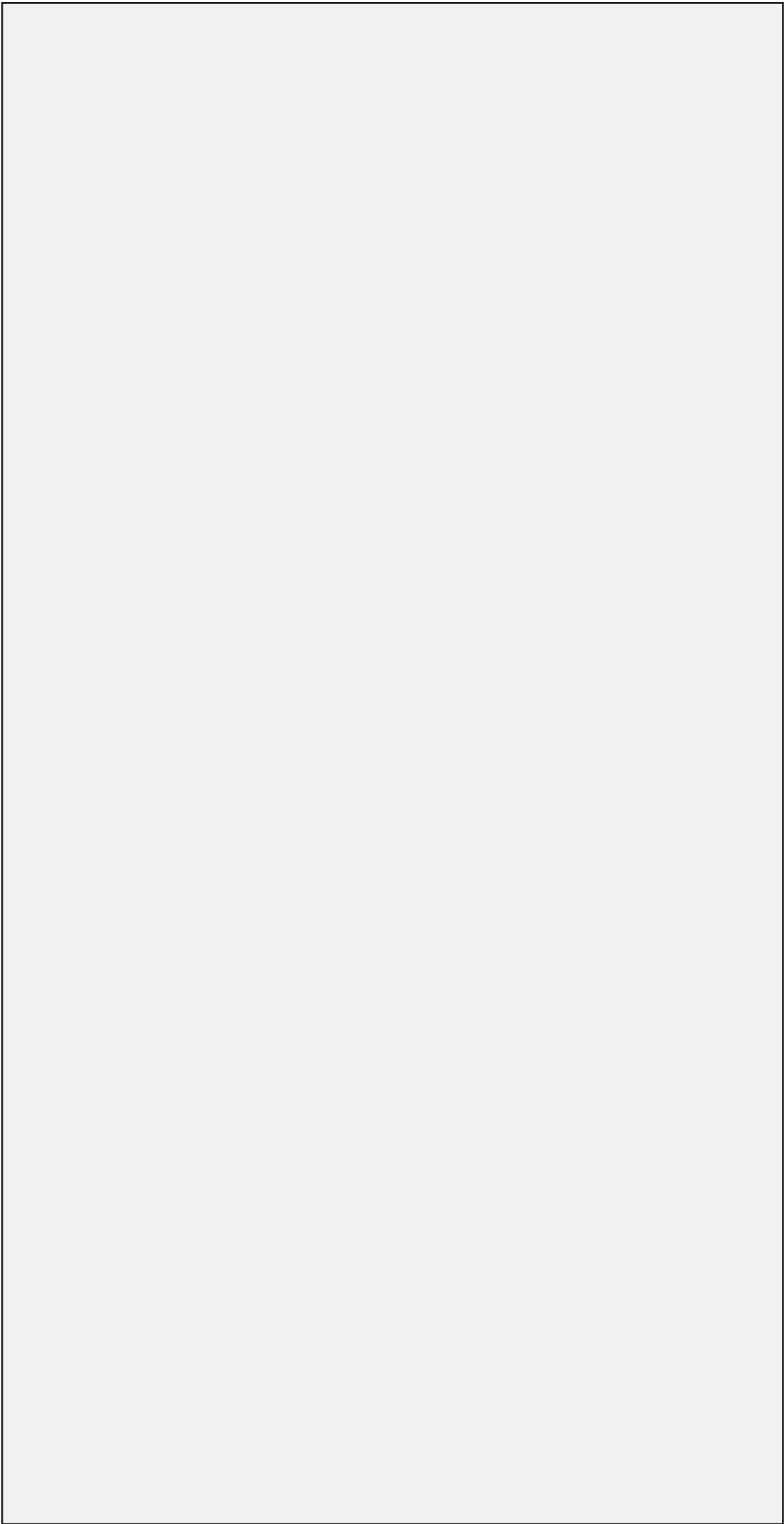
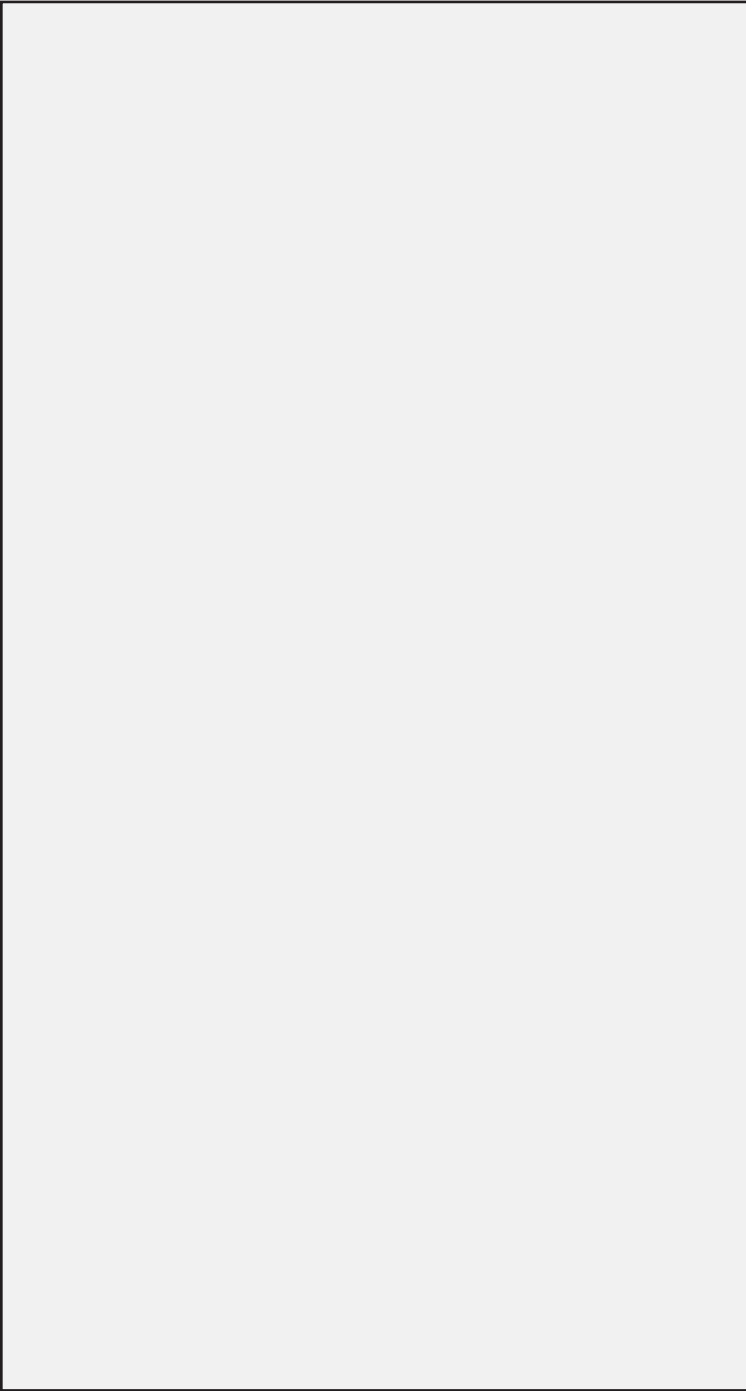
**5-kilometer fun run** — 6:30 a.m. For information, call

Linda Marinovich, 377-8380.

**Tree planting** — 9 a.m., child development center. For information, call George Daniel, 377-5823.

**Household hazardous waste turn-in** — For more information, call Paul Pearl, 377-3004.

Public awareness materials are available for the first annual Water Quality Monitoring Day, which details Keesler’s storm water initiatives and opportunities for individual participation. For more information, call James Morrison, 377-5800.





# KEESLER NOTES

## Supply closing

The 81st Supply Squadron is closed 10 a.m. to 3:30 p.m. Friday for an official squadron function.

For assistance, call 377-2005.

## New MPF hours

New duty hours for relocations, retirements and separations at the military personnel flight:

**Appointments only** — 8 a.m. to noon Mondays-working Fridays.

**Walk-ins** — noon to 4 p.m. Mondays-working Fridays.

For more information, call Master Sgt. Shirley Bailey, 377-2244.

## Promotion ceremony

A noncommissioned officer promotion ceremony is 3:30 p.m. today in the Keesler Community Center.

Uniform for those being promoted and speakers is service dress.

For more information, call Master Sgt. Harold Boyd, 377-2027.

## Lodging policy changes

The Inns of Keesler accepts and confirms space-available guests (Priority 2) up to 30 days in advance of the arrival date for up to three nights, space permitting based on actual and projected occupancy.

Previously, space-available reservations were only accepted 24 hours in advance.

When projected occupancy is 86 percent or greater, managers may make reservations up to three days in advance; 80 percent or less, up to two weeks in advance; and 65 percent or less, up to 30 days in advance. Managers can extend these windows based on seasonal occupancy.

Priority 1 customers won't bump Priority 2 with confirmed reservations or bump them once they are assigned quarters for a specific period of time, except in times of contingency, emergency or when the base commander determines higher priorities exist.

## New waste facility

A new hazardous waste accumulation facility is open in Building 4420 in the old Defense Reutilization and

Marketing Office compound on Parade Lane just off Ploesti Drive.

Hazardous waste such as fluorescent lamps, batteries, mercury-containing thermostats, pesticides and aerosol cans are now turned here, rather than the base recycling center.

Except from 9-10 a.m. the first and third Tuesdays of each month, turn-ins must be coordinated by calling 377-5802 or 348-0321, or e-mailing thomas.minton@keesler.af.mil.

For more information, call Paul Pearl, 377-3004.

## Party time

The Keesler Officers Spouses Club "parties galore" event is 6:30 p.m. April 12 at the Keesler Club.

The \$10 per person charge covers heavy hors d'oeuvres.

Reservations are required by noon April 8.

For more information, call Amy Buckles, 313-0764.

## Tax assistance

The tax office is open 8 a.m. to 3 p.m. workdays through April 15 in Room 205, Sablich Center.

Unit tax representatives continue to be available after the tax office closes.

Federal tax forms and instructions are available at McBride Library, and state tax forms may be accessed at <http://www.taxadmin.org/fta/link/forms.html>.

For more information on assistance through the tax office, call 377-4454, and on tax materials at the library, call 377-2181.

## Kids on the Move

Kids on the Move, a program for children whose families are moving to new assignments, is 6-7 p.m. May 26, July 28, Sept. 22 and Nov. 17 at the youth activities center.

The program is sponsored by the family support center and youth activities center.

To preregister, call 377-2179.

## Customer service closed

The customer service section of the military personnel flight is closed May 11 for Wingman Day-Safety Day.

For more information, call Master Sgt. Melvin Edwards, 377-3202.

# SPORTS AND RECREATION

## Medics pluck Mad Ducks, 57-50

By Staff Sgt. Carlos Diaz

Keesler News staff

The 81st Medical Group medics capped off a stellar 11-1 season in the Over-30 Pride League with a 57-50 victory over the 333rd Training Squadron Mad Ducks March 24.

The seven-point victory gave the medics, last season's Pride League base champs, the regular-season title.

"We led most of the game, but this team would not go away," said medics' head coach Edward Goldsmith. "We managed to pull off the win."

Coach Goldsmith said his team's strategy is to implement a game plan that's commensurate with each opposing team or player.

"This team (333rd TRS) showed up with five players, so our strategy was to advance the ball quickly during every opportunity," Goldsmith said. "We hoped to tire them out and cause them to commit needless fouls."

The medics' plan worked as one of the Mad Ducks fouled out and left the 333rd TRS with only four players for the rest of the game.

According to their coach, the medics played good defense.

The medics' top scorers



Photo by Joy Tew

**The 333rd TRS and 81st MDG teams position themselves for a rebound in a March 24 game. The medics won, 57-50. The victory gave the medics an 11-1 record entering the playoffs.**

were Goldsmith, 17; Derwin Rhodes, 15; and assistant coach Tommy Belcher, 12.

"One thing about us 'ol guys' is that we're good sportsmen — for the most part," Goldsmith said.

"Whether we win or lose, we always shake hands. We also like to have fun. We're simply happy to still be able to play the game," Goldsmith added.

These teams finished behind the medics in the Pride League standings: 81st Civil Engineer Squadron, 10-3; 338th TRS, 8-4; 333rd TRS and 45th Airlift Squadron, 5-6; 336th TRS, 3-9 and Veterans Affairs Medical Center, 2-11.

According to Jim Grubb, 81st Services Division sports director, the Pride League playoffs are April 20-25.



### Keep on running

From left, Keesler NCO Academy students Samantha Bergeron, Barksdale Air Force Base, La.; Carrie Harris, Little Rock AFB, Ark. and Eric Gibson, 333rd TRS, finish the walking portion of the Air Force Assistance Fund fun run at the marina March 24. The event raised \$600. Guadalupe Vasquez Jr., 81st Communications Squadron, was the first male to finish with a time of 18:53. Aimee Winters, 81st Medical Support Squadron, finished first in the female category with a time of 28:20.

Photo by Kim Dennis





Photo by Tech. Sgt. Keith Brown

Knolmayer and his dog sled team prepare for a training run for the Iditarod. He was the only military member to participate in the 1,131-mile race this year.

# Air Force doctor, dog team complete Alaska's Iditarod

By Capt. Amy Hansen

3rd Wing Public Affairs

ELMENDORF Air Force Base, Alaska — The only active-duty service member to compete in the 1,161-mile Iditarod Trail Dog Sled Race this year crossed the finish line in Nome, Alaska, at 12:13 p.m. local time March 20.

Thomas Knolmayer, Elmendorf's chief of surgery, completed the race in 58th place out of 63 finishers. He was on the trail 13 days, 22 hours, 13 minutes and 25 seconds.

Sixteen mushers who started the race didn't finish, many citing the warm weather, the resulting poor trail conditions and the impact both factors had on the well-being of their dogs.



Knolmayer

Knolmayer finished the race with nine dogs out of his original 16-dog team. The others were sent home at various checkpoints along the route because of illness or

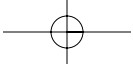
injuries, a standard procedure for all Iditarod teams.

Reports from the trail indicate the doctor battled mushy, rutted snow, a dunk in a river during which his sled got caught under an ice shelf, and overheated dogs, which he treated by packing their bellies with snow and affording them frequent rest breaks.

Despite these challenges, the doctor persevered and managed to mush a distance about equal to the mileage between New York City and Orlando, Fla., in fewer than 14 days.

Knolmayer's wife, Tina; their 5-month-old son, Zane; and a camera crew from Elmendorf hailed the doctor's arrival under the burlled arch of Nome.





# Falcons fly high in boxing event

## Air Force Print News

SAN ANTONIO — Backed by five gold medalists, the Air Force Academy boxing team claimed its 26th consecutive regional title March 19 at the National Collegiate Boxing Association’s West Regional Championships in Reno, Nev.

With 64 team points, the Falcons easily won the team title to continue their winning streak.

The Falcons also received four silver medals during the championship round.

The winners from the East and Midwest Regionals meet the Falcons at the Air Force Academy, Colo., today-Saturday for the 2005 NCBA National Championships.

# Blake smoothie shop to pour more drinks

## By Earlene Smith

### 81st Services Division

The All 4 Fitness Smoothie Shop celebrates its grand reopening at the Blake Fitness Center Monday.

Customers visiting the fitness center during the day

receive free smoothie samples, protein bars and drinks.

Joe Ladnier, billed as the world’s strongest bodybuilder, makes a special appearance, 4-6 p.m.

For more information, call 377-4385.

# Honor guard hosts tourney

## By Airman 1st Class Sarah Stegman

### Keesler News staff

The base honor guard sponsors a golf tournament at Bay Breeze Golf Course Friday.

The four-person team select shot tournament begins at noon with a shotgun start.

The tournament has special rules including finishing the hole with the club that was used to tee off, each player’s drive and second shot must be used at least three times, and on one hole players must putt with one hand behind their back.

Cost is \$35 per person, including lunch, served before the tournament. A special package of two mulligans and two throws is available for \$5.

For more information and to sign up, call Jim Taylor, 377-2081, or Reginald Cobb, 377-1986.



# SCORES AND MORE

## Basketball

**Editor’s note:** For questions about schedules or standings, call Jim Grubb, 377-2444 or visit <http://www.eteamz.com/keeslerafb>. All games are played at Blake Fitness Center.

### American League (As of Monday)

Team	Won	Lost
81st CES-A	12	2
333rd TRS	11	3
81st MSS	10	4
332nd TRS	10	4
81st CS	9	5
81st MDOS-B	9	5
738th EIS	5	8
81st DS	4	10
CNATTU	3	11
338th TRS-B	2	12
332nd TRS-B	1	12

**March 21** — 81st CES-A 2, 338th TRS-B 0; 332nd TRS 45, 332nd TRS-B 33.

### National League (As of Monday)

Team	Won	Lost
334th TRS	9	2
338th TRS-A	9	2
81st MDOS-A	9	2
335th TRS	6	5
81st SUPS-TRANS-CONS	4	7
81st SFS	4	7
336th TRS	0	6
81st CES-B	0	10

**March 22** — 334th TRS 2, 81st SUPS-TRANS-CONS 0.

**March 24** — 338th TRS-A 60, 335th TRS 48; 81st MDOS-A 54, 334th TRS 47.

**Today** — 6 p.m. 81st SUPS-TRANS-CONS vs. 81st SFS.

**Tuesday** — 6 p.m. 335th TRS vs. 81st MDOS-A; 7 p.m. 338th TRS-A vs. 334th TRS.

### Over-30 Pride League (As of Monday)

Team	Won	Lost
81st MDG	11	1
81st CES	10	3
338th TRS	8	4
45th AS	5	6
333rd TRS	5	6
336th TRS	3	9
VA Medical Center	2	11

**March 22** — 81st CES 65, VA Medical Center 38.

**March 24** — 81st CES 57, 45th AS 52; 81st MDG 57, 333rd TRS 50.

**Today** — 7 p.m. 336th TRS vs. 45th AS.

**Tuesday** — 8 p.m. 45th AS vs. 333rd TRS.

## Bowling

**Editor’s note:** For more information, call Gaudé Lanes, 377-2817.

**Birthday parties** — 2-6 p.m. Saturdays. Reservations required. For more information, call 377-2817.

**Hurricane Alley glow-in-the-dark bowling** — 9 p.m. to 1 a.m. Fridays and Saturdays.

**Youth special** — ages 17 and younger bowl for \$1 a game anytime except during Hurricane Alley.

**Non prior service students** — show your UBU card and receive a

discount for open bowling and Hurricane Alley.

**Play and save cards** — bowl 21 games for \$25.

**Bowl-a-rama** — open to 4 p.m. Mondays-Saturdays bowl two hours for \$8.95. 4 p.m. to closing Mondays-Saturdays, all day Sundays, bowl two hours \$9.95.

## Fitness

**Editor’s note:** For more information, call Blake Fitness Center, 377-4385; Dragon Fitness Center, 377-2907, and Triangle Fitness Center, 377-3056.

**Varsity teams** — players and coaches are needed for both volleyball and softball teams. If interested, sign up at the Blake or Triangle Fitness centers.

**Sports physicals** — pediatric clinic provides sports physicals for school-age students. To schedule, call the TRICARE appointment line, 1-800-700-8603.

### Blake Fitness Center

**Courts closed** — noon to 7 p.m. Friday, and 8 a.m. to 7 p.m. Saturday, Sunday. Raquetball courts and gym are reserved for the Mississippi Senior Games activities. All other areas open. For more information, call 377-4385.

**Aerobic workout tapes** — available for free checkout and use in the facility. For more information, call 377-4409.

**Fitness assessments** — appointments only. For more information, call 377-4385.

### Dragon Fitness Center

**Parent-child fitness room** — open 6 a.m. to 8 p.m. Mondays-working Fridays. Workout equipment and play area for ages 6 months to 7 years available.

**Aerobics** — variety of free classes offered at Dragon Fitness Center to accommodate most fitness levels. For more information, call 377-4409.

### Triangle Fitness Center

**Powerlifting 101** — 5:30 p.m. Friday. For beginners. Demonstrations of proper techniques for squat, bench press and deadlift. Powerlifting rules, and information on competition guidelines and judging.

**Squat, dead lift, bench press wall of fame** — best lifters in each weight category and gets photo on the wall of fame and free T-shirt. Competitions are 5 p.m. working Fridays.

## Golf

**Editor’s note:** For more information, call Bay Breeze Golf Course, 377-3832.

**Bring two, golf free program** — sponsor two or more guests, receive 18 holes of free. Guest fee \$25. For more information, call 377-3832.

**Free golf lessons for novice golfers** — 5-6 p.m. Wednesdays. Sign-up in the pro shop. Maximum 15.

**Free golf lessons for non prior service students** — noon to 1 p.m. Saturdays. Sign up in the pro shop. Maximum 20.

**Individual lessons** — \$25 for 30 minutes.

**Disks for disk golf** — available for rent or purchase at outdoor recreation. For more information, call 377-3160.

## Outdoor recreation

**Editor’s note:** For more information, call 377-3160 or 3186.

**Deep sea fishing trips** — 7 a.m. Friday and Sunday. \$40.

**Horn Island excursions** — Friday aboard the Keesler Dolphin. \$30 per person. Call 377-3160 for more information.

**March fishing tournament** — weigh in the largest croaker at the marina during the month and receive a \$100 savings bond.

**Boat slip rental** — boats up to 20 feet \$50 per month; 20-50 feet \$2.50 per foot. Power and water included.

**Pontoon boat training** — test and certification and is nessesary to rent a pontoon boat.

**Fishing trips to oil rigs** — available by appointment only. For more information, call 377-3160.

## Softball

**Editor’s note:** For more information, call Jim Grubb, 377-3056.

**Coaches meeting** — 2 p.m. April 7, Vandenberg Community Center. Bring unit roster and signed letter of intent.

**Sports advisory council meeting** — 2 p.m. April 20, Vandenberg Community Center.

**Deadline** — April 15 is deadline for men’s and women’s softball signup. Players signup and tryout sheets at Blake and Triangle Fitness centers.

## Volleyball

**Editor’s note:** For more information, call Jim Grubb, 377-3056.

**Submissions** — deadline for submitting resumes/qualifications for varsity men’s and women’s volleyball and softball coaching positions is today.

**Coaches meeting** — 1:30 p.m. Wednesday, Vandenberg Community Center. Bring unit roster and signed letter of intent.

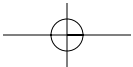
**Deadline** — April 15 is deadline for men’s and women’s volleyball signup. Players signup and tryout sheets at Blake and Triangle Fitness centers.

## Youth activities center

**Youth sports program** — for information on registrations for upcoming sports programs, call 377-4116.

**Instructional classes** — karate, ages 5 and older; gymnastics, ages 3 and older. For more information, call 377-4116.

**Taekwondo** — 6:30-7:30 p.m. for children, Tuesdays and Thursdays. For more information, call Michael Munyon, 239-6270.





# DIGEST

## HONORS

### Student honor roll

#### 332nd Training Squadron

**Basic electronic principles** — Airmen Basic Jorge Arellano, Andrew Brooks, Stephen Chavez, Joshua Clark, Jason Ferguson, Chad Gamo, Joseph Johnson, Brian Kadrovach, Daniel Loose, Matthew Lyons, Jason McElvy, Zachary Miller, Joshua Moyers, Phu Pham, Zola Richards, Vincent Schurr, Seda Stitt, Christopher Stark and Andrew Williams; Airmen Nicholas Hart, Stephen McElroy, Aviel Perez, Anthony Sharpe, Brian White and Jacob Whitney; Airmen 1st Class Christopher Ahern, Heath Allred, Allan Batzel, Jason Bloss, Brian Broussard, Tracey Coon, Michael Felmeý, Shawn Flowers, Jeffrey Hamlin, Daryl Harris, Thomas Hoffpauir, Patrick Isaacson, Justin Jackson, Daniel James, Benjamin Kahmann, Christopher Long Alleyne, Bryan Miller, William Moseley, Michael Obyrne, Zachary Rains, Gregory Sapp, Brentt Smith, Joey Tafoya, James Tilton, Adam Traeger and James Young; Senior Airmen Octavio Bugarin, Michael Carter, Thomas Cavanaugh, Robert Hathaway, James Hudgens, Clyde Hunt, Tyler Johnson, Reohcus LambKeys, John Martin, Daniel Newman, William Nicholson, Vincent Olshove, John Rosa, Mario Sageth, Robert Seaton, Russell Simmons and Chris Wlodarczyk; Staff Sgts. Dereck Boddy, Martin Booker, Jeffrey Carrier, Christopher Dean, Amy Elness, Ryan Hickey, Daniel Kratzer, Maurice McKennis, Justin Thornton and Enrique Vazquez.

**Metrology training flight** — Airman James Dierking.

#### 334th TRS

**Aerospace control and warning systems apprentice course** — Airmen Basic James Lambert, Joshua Meyer, Miguel Tejada and Termaine Young; Airmen 1st Class Joshua Juneau, Matthew Sparks and Claire Stearns; Staff Sgt. Erickson Cereno.

**Air traffic control operations training flight** — Airmen Basic Travis Harris and Katie Love; Airmen James Bindert, Daniel Gnojek and Christopher Porto; Airmen 1st Class Brian Box, Anthony Caprio, Juan Ledesma, Edward Manning, Kristen McChronem, Bryan Schweitzer, Joshua Stark and Kara Torres; Senior Airmen Dwight Aiken, Julio Galvez and Joshua Ruckman; Staff Sgts. James Middleswart and Kyla Schweikhart; Maj. Iliyan Antonov.

#### 335th TRS

**Comptroller training flight** — Airmen 1st Class Joel Gardner, Yevgeniy Leokumovich and Jeanine Mayo; Senior Airmen Janice Cordell, John Dotter, Jordan Knotts, Adam Paulsen, Jeffrey Porter, Joseph Schluttenhofer and Nicole Taylor; Staff Sgts. Scott McLaughlin, Salvador Talamo and Aubrey Valentine; Tech. Sgts. Thomas Jourdan, Shawn Mays and Lucas Terry; Master Sgt. Doyle Carlson.

**Weather training flight** — Airmen Basic Martin Flowers, Michael Lacey, Michael Newton and Alan Stringer; Airman Anne Rigg; Navy Airmen Apprentice Jason Fenley, Michael O'Donnell and Paul Ventura; Airman 1st Class Jack Boubelik; Navy Airmen Chris Dutton, Jimmy Frattle, Gregory Kossuth, Michael Mancinik and Christopher Nunez; Marine Lance Cpl. James Christian; Senior Airmen Jeremy Johnson and Kevan Matthews; Coast Guard Petty Officer 3rd Class Jason Conklin; Tech. Sgts. Joseph Dailey and Tim Parkinson; Hungarian Air Force Master Sgt Laszlo Balazs; Master Sgt. David White.

#### 336th TRS

**Communications-computer systems training flight** — Airman Matthew Ridgeway.

#### 338th TRS

**Computer, network, cryptographic and switching systems course** — Airmen Basic Krystina Benscoter, Sean Foster, Jeffrey Long and Jeyceon Scaglione; Airmen Joseph Birenbaum, Frank Scafidi and Robert Spain; Airmen 1st Class Gregory Durr, Ryan Garbers, Brendan Hartzell, Joseph Heiselt, Serge Magloire, Franklin Moyser, Thomos Olaes and Cameron Strickland; Senior Airman Ian Roberts; Staff Sgt. Triston Pana; Tech. Sgt. Jeffrey Knight.

**Ground radio flight** — Airmen Basic Richard Boothe, Nicholas Caughron, Daniel Kautzmann, Stephen Roshong, Steven Sweeden and Christopher Worden; Airmen Bryan Adams, Benjamin Dawley, Kenneth Grose and Steven Meschkat; Airmen 1st Class Carlos Angell, Benjamin Davis, Rodney Frame, Clinton Hammons, Tyler Johnson, Michael Labelle, Enoch Lin, Bradley Luu, Joshua McGoron, Jesse Mulalley, Stuart Rolison, Bruce Scheel, Adam Smith, Daniel Spence, Matthew Stonecypher, Stephen Summers, Steven Weisbrodt and Courtney Wilson; Senior Airman Victoria Lowery; Staff Sgts. Jon Goe and William Sitterle.

## CHAPEL SERVICES

### Latter-Day Saints

**The Church of Jesus Christ of Latter-Day Saints** — student group service, 2 p.m. Sundays, Triangle Chapel. Student family home evenings, 7 p.m. Mondays, Fishbowl. For more information, call 374-5627.

**Biloxi Ward** — 11 a.m. to 2 p.m. Sundays, 14928 Big Ridge Road, North Biloxi. For more information, call 435-9506.

### Protestant

#### Sunday worship

Larcher Chapel traditional service.....8:30 a.m.  
Fishbowl student contemporary service.....10 a.m.  
Larcher Chapel praise and worship service.....11:15 a.m.  
Triangle Chapel gospel service.....11:30 a.m.

#### Sunday religious education

September-May.....10 a.m.  
Classes held at the former chapel located at corner of H and 2nd streets. For class schedules, call 377-2520 or 4625.

**Prayer service for peace** — noon Wednesdays, Larcher Chapel. For more information, call 377-4861.

### Roman Catholic

#### Sunday Mass

Medical Center Chapel.....Sacrament of Reconciliation, 8 a.m.  
Medical Center Chapel .....8:30 a.m.  
Triangle Chapel.....Sacrament of Reconciliation, 9:30 a.m.  
Triangle Chapel.....10 a.m.

#### Weekday Masses

Medical Center Chapel .....11:15 a.m.  
Fishbowl.....Wednesdays, 6:30 p.m.

#### Sunday religious education

September-May.....8:30 a.m.  
Classes held at the former chapel located at corner of H and 2nd streets. For class schedules, call 377-4625.

### Islamic

**Building 2003** — for international students, temporary duty and permanent party; prayer five times daily; Salaat ul-Jummah congregational prayer, noon Friday.

For more information, call 377-2520 or 0327.

### Orthodox

**Holy Trinity Church (Greek Orthodox)** — 255 Beauvoir Road, Biloxi; Divine Liturgy, 10:30 a.m. Sunday. For more information, call 388-6138.

**St. Mary's Church (Eastern Orthodox)** — 3224 D Ave., Gulfport. For more information, call 864-1568.

### Jewish

**Beth Israel Synagogue** — 1946 Southern Avenue, Biloxi. Services 8 p.m. Fridays; an Oneg Shabbat follows each service. For more information, call 388-5574 or visit cbibiloxi@juno.com.

**Radar systems flight** — Airmen Dustin Mahi, Joseph McKewen, Patrick Sowell, Klinton Stout and Jonathan White; Airmen 1st Class Daniel Beurer III, Theodore Donald, Roger Girtman II, Raymond Heil, Andrew Merwin and Daniel Stambovsky; Senior Airman Joseph Gagnon; Staff Sgts. Brian Halloran, Dwayne Patterson and Scott Weber; 2nd Lts. Andrej Gerjevic and Jose Tercero.

## PROMOTIONS

### 2005 Air Force Personnel Center boards

**May 16-27** — senior noncommissioned officer supplemental.  
**July 6-21** — lieutenant colonel line, JAG, BASC, MSC, NC.  
**July 25-29** — senior noncommissioned officer supplemental.  
**Aug. 2-12** — blocked.  
**Aug. 15-26** — command screening.  
**Sept. 12-23** — colonel line, JAG, BASC, MSC, NC.  
**Sept. 26-30** — special selection.  
**Oct. 4-6** — blocked.  
**Oct. 11-21** — chief master sergeant evaluation.  
**Oct. 25-27** — Air National Guard colonel, second session.  
**Nov. 14-18** — colonel, lieutenant colonel and major MC, DC.  
**Dec. 5-16** — major line, CHAP, JAG, BSC, MSC.

## TRICARE

**Beneficiary services** — active duty and dependents enroll at Keesler Medical Center, Room 4B-107, 377-9962. To enroll in TRICARE Prime, retirees and their dependents call 1-800-444-5445 or visit the TRICARE Service Center, 2130 Pass Road, Biloxi, 385-6650.

**Claims services** — 1-800-403-3950.

**“Urgent” after hours primary care manager access** — 1-877-794-4629.

**Health benefits/beneficiary counseling, debt collection assistance** — call Carolyn James, 377-6580, or Linda Davis, 377-6001. Ms. James is in Room 4B-106 and Ms. Davis is in Room 4B-105 in Keesler Medical Center.

**Education center for women** — in women's health services at Keesler Medical Center, offers educational tools for women's health issues. TV/VCR, interactive touch screen computer and multimedia computer connected to the Internet are available for personal viewing; videos may be viewed in the clinic or checked out for home use. Walk-ins welcome. For appointments, call 1-800-700-8603. For more information, call 377-6920 or 6921.

**Keesler Medical Center clinic hours** — family practice, 7 a.m. to 5 p.m. Monday-Thursday, 7 a.m. to 4 p.m. Friday, 8 a.m. to noon Saturday. Urgent care, pediatric clinic hours, 7 a.m. to 5 p.m. Monday-Friday.

**On the Web** — Keesler Medical Center's Web site is <http://www.keesler.af.mil/81mdg>. For TRICARE information, visit <http://www.tricare.osd.mil>. For Region South information, visit the Humana Military Healthcare Services Web site, <http://www.humana-military.com>.

**TRICARE Service Center** — 2130 Pass Road, Biloxi, 385-6650. Hours are 8 a.m. to 5 p.m. Monday-Friday.

## CLASSES

### Airman Leadership School

**Class 05-C** — graduation April 11.

### Keesler NCO Academy

**Class 05-3** — graduation April 7.

### First Term Airmen Center

**Class 05-7** — graduation April 7.

### Chapel

**Book of Acts adult Bible study** — 6:30-8 p.m. Wednesdays at the former chapel located at corner of H and 2nd streets. For more information, call David Moore, 594-0072.

**Women's Bible study** — 10 a.m. to noon Wednesdays at the former chapel located at corner of H and 2nd streets. Topic is Beth Moore's "Breaking Free." Child care available. For more information, call Bonnie Nikolaus, 818-9412.

### Keesler Medical Center

**Shaving clinic** — evaluations 1-3 p.m. Wednesdays.

**Allergy/immunization clinic** — 7 a.m. to 4:15 p.m. Monday-Thursday and 7 a.m. to 4 p.m. working Fridays. For more information, call 377-6543.

**International travel clinic** — weekly appointments available; schedule at least three weeks before a planned trip. Travelers should provide a list of destinations when they book an appointment and bring their immunization record to the appointment. For appointment, call Pat Baugh, 377-6166.

### McBride Library

**Women's History Month** — poster and book display.

**Exchange books** — from library's exchange collection, one for one.

**Orientations/volunteer work** — for more information, call 377-2827.

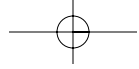
### Arts and crafts center

**Pottery and stained glass** — call for more information.

**Craft with a friend** — instant discount on shop use fee when you bring a friend and craft together.

Please see **Digest**, Page 29





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## TRANSITIONS

### Workshops, briefings

**Transition assistance three-day workshop** — 8:30 a.m. to 4 p.m. Monday-Wednesday, May 9-11, June 6-8, July 11-13, Aug. 8-10, Sept. 12-14, Oct. 3-5, Nov. 7-9 and Dec. 5-7, Room 130, Sablich Center. To preregister or for more information, call 377-8591 or 8592 or e-mail ronald.bublik@keesler.af.mil.

**Retirement and veterans briefing** — 8:30 a.m. to 4 p.m. April 7, May 12, June 9, July 14, Aug. 11, Sept. 15, Oct. 6, Nov. 10 and Dec. 8, Room 130, Sablich Center. To preregister or for more information, call 377-8591 or 8592.

**PALACE Chase information briefings** — 10 a.m. first and third Tuesday of each month, Room 216, Sablich Center. For more information, call Master Sgt. Tony Woods, 377-7116.

**Health care professionals** — needed by the Air Force Reserve. Critical Air Force Specialty Codes available in Alabama, Mississippi, Louisiana and Florida units are 44M3, 44Y3, 46F3, 46P3, 47G3, and 48R3. Some may be eligible for signing bonus or loan repayment. For more information, call Tech. Sgt. George Adams, health professions recruiter, 377-8332, or e-mail george.adams@keesler.af.mil.

**Barnes Air National Guard Base, Mass.** — airmen who've completed their enlistment and don't have a military service obligation may qualify for \$15,000 enlistment bonus in the Massachusetts Air National Guard. For more information, call 1-800-247-9151, DSN 698-1567 or e-mail recruiting@mabarn.ang.af.mil.

### Employment assistance

**Spherion Employment Agency, Gulfport** — 10 a.m. to 2 p.m. Tuesday, Sablich Center; no appointment necessary. Bring a resume or information necessary to complete an application form, as well as identification; clerical positions may require testing at a later date. Their main office is in Gulfport. For more information, call Jackie Pope or Ron Bublik, 377-2179.

**12th annual spring Southern Regional Military and Civilian Job Fair** — 9 a.m. to 3 p.m. April 12, Mississippi Coast Coliseum and Convention Center, Biloxi. For more information, call 377-8592.

**Employment Network Center** — 8 a.m. to 4:45 p.m. Monday-Thursday and 9 a.m. to 3:45 a.m. working Fridays, Room 126, Sablich Center. National and local job search information and Internet computer access for active-duty and military family members, free e-mail service, fax service and computers and laser printers to complete resumes and federal job applications. For more information, visit Room 126, Sablich Center, or call 377-8593 or 8592.

## CLUBS AND CENTERS

### Keesler Community Center

**Guitar lessons** — half-hour lessons 5 p.m. Tuesdays and Thursdays for adults and youth. \$55 per month. For an appointment, call 377-3308.

**Piano lessons** — 5 p.m. Mondays and Wednesdays, ages 5 through adult. For fee information, call 377-3308.

**Weight Watchers** — 5:45 p.m. Thursdays; weigh-in 5:15 p.m.

**Coloring contest** — pick up a coloring/activity sheet; submit your entry no later than 4 p.m. Friday.

### Vandenberg Community Center

**Eight-ball pool tournament** — 6-9:30 p.m. Mondays.

**Nine-ball pool tournament and country DJ** — 6-9:30 p.m. Tuesdays.

**Hot shot pool challenge** — 6 p.m. Thursdays; squadron vs. squadron competition.

**Karaoke** — 6 p.m. Wednesdays.

**Late night dance and DJ** — 6 p.m. to midnight Fridays and Saturdays. \$3.

### Youth activities center

**Friday teen night** — 7-10 p.m., ages 13-18. \$5; games, activities, movies and special events. Register by Wednesday each week.

**Saturday kids night** — 6-9 p.m., ages 6-12. \$5; games, activities, movies and special events. Register by Wednesday each week.

**Baseball and T-ball registration** — throughout today, ages 5 and older. \$30 per person.

**Book Adventure** — read by mail motivational program for kindergarten through eighth grade; children earn points and prizes. For more information, call 377-4116.

**F-4 Fit For Fun Force** — promotes fitness for ages 9-18; four team levels. For more information, visit <http://www.f4-kids.com>.

**Karate** — 6:30-7:30 p.m. Tuesdays and Thursdays, ages 6-12; Wednesdays and Fridays, ages 13 and older. \$30; family rates available.

**Gymnastics** — Mondays and Wednesdays, ages 3 and older. \$30 per month; call for times and age groups.

**Dance** — Tuesdays or Thursdays, ages 3 and older. \$30 per month; call for times and age groups.

**Training responsible adolescents in leadership/Keystone Club** — 6-7 p.m. Mondays, ages 13-18.

### Keesler Club

**Editor's note: Dining is open to all ranks.**

**Lunch buffet** — 10:30 a.m. to 1 p.m. Mondays-working Fridays, except holidays.

**All-you-can-eat catfish** — 10:30 a.m. to 1 p.m. last working day of each week.

### Enlisted Warrior Lounge

**Snack and drink specials** — 5:30 p.m. Tuesdays through Fridays. Progressive pot cash giveaway Wednesdays for members.

**Hot dogs** — \$1 Mondays through Saturdays.

**Pinochle** — 7 p.m. Tuesdays; all ranks.

**Karaoke night** — 6 p.m. to 2 a.m. Fridays.

**Latino night** — Friday. 7-8 p.m. dance lessons; 8 p.m. to 2 a.m. DJ; drink specials.

**Club Level 1** — 9 p.m. till, Saturdays.

**Urban nights** — 7 p.m. to 2 a.m. Thursdays before nonworking Fridays.

### Officers Dragon's Lair Lounge

**Snack and drink specials** — 5:30 p.m. Tuesdays through Fridays. Progressive pot cash giveaway Wednesdays for members.

## TICKETS AND TRAVEL

**Bellingrath Gardens in Alabama** — April 23. \$40 per person; register and prepay no later than April 20. Depart Keesler at 9 a.m., return at 5 p.m.

**Arena football in New Orleans** — April 16. The VooDoo vs. the Columbus Destroyers \$25 including ticket and transportation; register and prepay by April 12. Depart Keesler 4 p.m., return at midnight.

## VOLUNTEERS

**Editor's note: Included are base organizations, events, training orientation and other information for volunteers. For more information on opportunities in the surrounding communities, call Jackie Pope, 377-8590.**

**Airmen Against Drunk Driving** — for mor information, call Staff Sgt. Shirona Gilchrist, 377-4477.

**American Red Cross-Keesler Chapter** — provides volunteers for disaster assistance and other emergency responses. Training is provided and skills are matched with current needs. For more information, call Richard Huffman Sr., 377-3030.

**Chapel** — for more information, call 377-2520.

**Civil Air Patrol, Col. Berta A. Edge Composite Squadron** — 6:30 p.m. Tuesdays, Room 210, Hangar 3. For more information, call Lt. Col. Linda Steel-Goodwin, 377-7152 or 436-3353, or CAP 1st Lt. Hank Rogers, commander for seniors, 435-6270.

**Cub Scout Pack 214** — for more information, call Staff Sgt. Christian Carawan, 385-9433, or Tech. Sgt. Mark Tempone, 594-2003.

**Family support center** — for more information, visit the center, Room 112, Sablich Center, or call 377-2209 or 4293. Free child care available.

**Fisher House** — for more information, call Larry Vetter, 377-8264.

**Girl Scouts** — for more information, call Beverly Brooks, 864-7215, or Cindy Callahan, 388-7757.

**High school students** — dependents of active-duty people who want to earn money toward college by volunteering, call Jeri Peterson, 377-3349.

**Honor guard** — for more information, call 377-1986 or 2081.

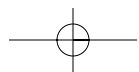
**International military student office** — for more information, call 377-4228.

**McBride Library** — for more information, call Bill Province or Tonie Day, 377-2181 or 2604.

**Medical center** — for more information, call Emily Shelton, 377-1444.

**Retirees activities office** — for more information, call 377-3871 or 7309.

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## DINING FACILITIES MENUS

### Today

**Lunch** — herb baked chicken, cornbread, stuffed cabbage rolls, fried catfish, blackeyed peas and rice, mashed potatoes, gravy, baked sweet potatoes, mixed vegetables, peas, fruit salad, potato salad, cream of broccoli soup, chicken and wild rice soup, chili, cannonball sandwich and Italian pepper beef sandwich.

**Dinner** — roast pork loin, cornbread, jaegerschnitzel veal with mushroom sauce, glazed cornish hen, potato halves, orange rice, gravy, carrots, pinto beans, corn combo, fruit salad, potato salad, cream of broccoli soup, chicken and wild rice soup, chili, cannonball sandwich and Italian pepper beef sandwich.

### Friday

**Lunch** — Mexican baked chicken, Swiss steak, garlic toast, stuffed peppers, macaroni and cheese, garlic toast, steamed rice, gravy, corn on the cob, Spanish beans, peas and carrots, pasta salad, three-bean salad, clam chowder, vegetable soup, frontier chicken chili, barbecue pork sandwich and burritos.

**Dinner** — lasagna, spaghetti and meat sauce, Italian sweet sausage, garlic toast, mashed potatoes, gravy, broccoli polonaise, cauliflower, Italian baked beans, pasta salad, three-bean salad, cornbread, clam chowder, vegetable soup, chicken chili, corn O'Brien, barbecue pork sandwich and burritos.

### Saturday

**Lunch** — crispy baked chicken, cajun meatloaf, ribeye steak, baked and mashed potatoes, gravy, broccoli, French peas, glazed carrots, fruit medley, kidney bean salad, bean soup, chicken gumbo, chili and buffalo wings.

**Dinner** — fish almonidine, stir-fry chicken with broccoli, pork chops, rissole potatoes, rice pilaf, gravy, calico corn, club spinach, fried okra, fruit medley, kidney bean salad, bean soup, chicken gumbo, chili and buffalo wings.

### Sunday

**Lunch** — tuna and noodles, sauerbraten, chicken breast filet parmesan, au gratin potatoes, rice, gravy, cauliflower combo, peas, fried cabbage, tomato salad, jellied spring salad, vegetable beef soup, Italian wedding soup, frontier chicken chili and cheese pizza.

**Dinner** — ginger barbecue chicken, fried shrimp, spinach lasagna, orange rice, mashed potatoes, gravy, black-eyed peas, lima beans, corn O'Brien, tomato salad, jellied spring salad, vegetable beef soup, Italian wedding soup, frontier chicken chili and cheese pizza.

### Monday

**Lunch** — Swiss steak, baked chicken, baked Italian sweet sausage, peppers and onions, rice, mashed potatoes, gravy, cornbread, broccoli polanaise, carrots, cottage cheese salad, macaroni salad, chicken dumpling soup, chili, cannonball sandwich and chicken nuggets.

**Dinner** — roast turkey, baked ham, raisin sauce, fish and fries, cornbread, mashed potatoes, cornbread dressing, succotash, tempura vegetables, cottage cheese salad, macaroni salad, chicken dumpling soup, chili, cannonball sandwich and chicken nuggets.

### Tuesday

**Lunch** — onion lemon baked fish, pork schnitzel steak, beef and spaghetti, garlic toast, baked and mashed potatoes, gravy, pinto beans, spinach, stewed tomatoes, spinach salad, waldorf salad, white chicken chili, seven-bean with ham soup, chicken noodle soup and steak and cheese subs.

**Dinner** — paprika beef, barbecue beef cubes, chicken fajitas, O'Brien potatoes, rice, gravy, cauliflower, corn on the cob, lima beans, waldorf salad, spinach salad, white chicken chili, seven-bean with ham soup, steak and cheese subs and tacos.

### Wednesday

**Lunch** — Southern menu: fried chicken, cajun baked fish, barbecue ribs, rice, mashed potatoes, jalapeno cornbread, gravy, corn on the cob, okra and tomato gumbo, fried cabbage, coleslaw, garden cottage cheese salad, pasta fagioli soup, chicken tortilla soup, vegetarian chili, cheese fishwich and cheese pizza.

**Dinner** — pita pizzas, country style steak, fried chicken, jalapeno cornbread, oven brown potatoes, mashed potatoes, gravy, fried cauliflower, bean combo, cabbage, coleslaw, cottage cheese salad, pasta fagioli soup, chicken tortilla soup, vegetarian chili, cheese fishwich and cheese pizza.



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## MEETINGS

### Upcoming

**Girl Scouts** — 6 p.m. April 7, former Chapel 1 annex next to Sablich Center. New enrollment session, ages 5-17. Adult volunteers also needed. For more information, call Kimberly Ramirez, 374-7426.

### Recurring

**African-American Heritage Committee** — 3:30 p.m. second Tuesday of each month, Building 4002 (Supply), Room 109. For more information, call Paulette Powell, 377-2270, or Master Sgt. Natalie Scott, 377-9530.

**Air Force Association, Chapter 332** — 11:30 a.m. second Monday of each month, Keesler Club. For more information, call or email Capt. Ted Cassin, 377-3727, or edward.cassin@keesler.af.mil or e-mail Paul Deitke, pdeitke@member.afa.org.

**Air Force Sergeants Association, Chapter 652** — 11 a.m. third Tuesday of each month, Keesler Club. For more information, call Master Sgt. Scott Sippel, 377-9444 .

**Air Force Sergeants Association Auxiliary** — 6 p.m. third Thursday of each month. For location and more information, call Timlie Reis, 396-5872.

**Alcoholics Anonymous** — 8 p.m. Thursdays, Larcher Chapel. For more information, call 396-0823.

**Amateur radio club** — 7 p.m. second Monday of each month, second floor, Hangar 3, next to the Civil Air Patrol. For more information, call Staff. Sgt. Brad Godwin, 377-0341 or 875-3223, or Staff Sgt. Tony Tran, 377-1200 or 396-4547.

**American Federation of Government Employees Local 2670** — 11:30-1 p.m. second Tuesday of each month, Keesler Club. For more information, call Helene Almond, 377-6850 or 4518.

**Asian-Pacific Islander Heritage Committee** — 3 p.m. first Wednesday of each month, Magnolia Room, Keesler Community Center. For more information, call Tech. Sgt. John Dianala, 377-6154, or Larry McKean, 377-3252.

**AWANA** — 4:30-6:30 p.m. Sundays August through May at the former chapel located at corner of H and 2nd streets, for preschool through high school students. For more information, call Tasarla Shaw, 377-2520.

**Blacks in Government** — 5:15 p.m. second Thursday of each month, Building 4002 (Supply), Room 109. For more information, call Flo Clay, 377-8681.

**Boy Scout Troop 253** — 6:30 p.m. Mondays, Building 0007, Thrower Park. For more information, go to <http://www.geocities.com/biloxi253/> or call Louie Fontes, 377-1519 or 392-0646.

**Breast cancer support group** — 6 p.m. first Tuesday of each month, general surgery clinic. For more information, call 377-3454.

**Breastfeeding support group** — for more information, call Rebecca Wilson, 832-0413.

**Cancer support group** — 6 p.m. second Tuesday each month, medical procedures clinic lounge. For more information, call 377-6588.

**Chapel ropes** — 8 a.m. Sundays, Fishbowl Student Center.

**Charismatic intercessory prayer service** — 5:15-6 p.m. Wednesdays at former chapel located at corner of H and 2nd streets.

**Christian men's fellowship luncheon** — noon Tuesdays, Triangle Chapel. Bring lunch. For more information, call 377-2520.

**Christian singles** — various hours and activities at The Haven. For more information, call Willie Page, 392-1399.

**Civil Air Patrol, Col. Berta A. Edge Composite Squadron** — 6:30 p.m. Tuesdays, Room 210, Hangar 3. For more information, call Lt. Col. Linda Steel-Goodwin, 377-7152 or 436-3353, or CAP 1st Lt. Hank Rogers, commander for seniors, 435-6270.

**Company grade officers council** — 4 p.m. second Thursday of each month, Keesler Club. For more information, call 2nd Lt. Hanna Chang, 377-3126, or 1st Lt. Sharon Large, 377-0606.

**Cub Scout Pack 214** — for information, call Staff Sgt. Christian Carawan, 385-9433, or Tech. Sgt. Mark Tempone, 594-2003.

**Cub Scout Pack 281** — 6:30 p.m. first, second and fourth Thursday of each month, Triangle Chapel Annex. For more information, call 1st Lt. Garon Shelton, 377-2046; Norma Cusanek, 432-3160, or Chad Taylor, 594-0877.

**Dorm council** — 7 a.m. first Wednesday of each month, Live Oak dining facility. For more information, call 377-6158 or 6680.

**Hispanic Heritage Committee** — 3:30 p.m. Thursdays, Keesler Community Center. For more information, call Maria Ochoa, 377-2211, 388-2985 or 216-0569; Carlos Puig, 385-2985, or Dee McKaig, 432-1090.

**Hispanic Employment Committee** — 4 p.m. second

Wednesday of each month, family child care building, Thrower Park. For more information, call Maria Ochoa, 377-2211, 388-3426 or 216-0569.

**Keesler Officers Spouses Club** — for more information, call Michelle Harper, 872-579; Amanda Letonoff, 432-8626, or Patty Stiles, 392-8582.

**Keesler Christian Home Educators Association** — 7-9 p.m., second Tuesday of each month, September through May, former chapel located at corner of H and 2nd streets. Open to all military home educators. For more information, call Vicky Walton, 436-6408, or e-mail chajanding@aol.com.

**Medical center officers spouses club** — for more information, call Stephanie Ritter, 374-2464, or Belinda Manuel, 432-7734.

**Multiples support group** — For more information, call Marty Cummings, 388-4595.

**Order of Daedalians** — 6:30 p.m. third Tuesday of each month, Daedalian Room, Keesler Club.

**Play group** — 9:30-11 a.m. Tuesdays, youth activities center, infants through 4 years. For more information, call 377-7006.

**Prayer warriors network** — 6 a.m. Mondays, Triangle Chapel.

**Protestant youth group** — 6:30-8:30 p.m. Sunday, 7-7:45 p.m. Tuesdays and 7-8 p.m. Wednesdays, Larcher Chapel. For more information, call Jeremy Allen, 377-2520.

**Retired Enlisted Association, Magnolia Chapter** — 7 p.m. second Thursday of each month, Magnolia Room, Keesler Community Center. For more information, call Larry McKean, 374-5922.

**Rising VI Association** — 3:15 p.m. third Wednesday of each month, Keesler Community Center. For more information, call Tech. Sgt. Anthony Thomas, 377-8628.

**Toastmasters** — noon Tuesdays, Keesler Community Center. For more information, call Capt. Ronnie Michael, 377-7395; or Michael Bayne, 872-9359.

**Top III Association** — 3 p.m. first working Friday of each month, Keesler Community Center. For more information, call Senior Master Sgt. Lori Pullen, 377-9759; Master Sgt. Randy Schneider, 377-0066; Senior Master Sgt. Marnice Anthony, 377-8431; Master Sgt. Jeffrey Sandoval, 377-6969, and Master Sgt. Richard Phillips, 377-5249.

**Weight Watchers** — Thursdays, Keesler Community Center. Weigh-in starts at 5:15 p.m., meeting at 5:45. For more information, call Kristi Hamrick, 872-9059, or e-mail khamrick@yahoo.com.

## MISCELLANEOUS

### Movies at Welch Auditorium

**Editor's note:** Tickets are \$3 for adults and \$1.50 for children for regular features, and \$2.50 for adults and \$1 for children for matinees. For a recorded message about current features, call 377-6627.

**Today** — 7 p.m., The Aviator (PG-13, 169 minutes).

**Friday** — 7 p.m., Constantine (R, 121 minutes).

**Saturday** — 2 p.m., Son of the Mask (PG, 86 minutes); 7 p.m., Hitch (PG-13, 115 minutes); 9:30 p.m., Constantine (R, 121 minutes).

**Sunday** — 2 p.m., The Aviator (PG-13, 169 minutes).

### Air Force Assistance Fund

**Project officer** — Maj. Ramil Ascano, 377-0800.

**Assistant project officer** — 1st Lt. David Mays, 377-7237.

**2nd Air Force** — Master Sgt. Bill Hardesty, 377-2194.

**81st Aerospace Medicine Squadron** — Staff Sgt. Calvin Oliver, 377-6896.

**81st Civil Engineer Squadron** — Staff Sgt. Kimberly Langley, 377-8970.

**81st Communications Squadron** — 2nd Lt. Charles Peebles, 377-8970.

**81st Comptroller Squadron** — Staff Sgt. Diane Dye, 377-7281.

**81st Contracting Squadron** — Tech. Sgt. Troy Isebrand, 377-1814; 2nd Lt. Ernest Stewart, 377-1959.

**81st Dental Squadron** — Staff Sgt. Shannon Bryington, 377-4510.

**81st Medical Group** — Capt. Victoria Elliott, 377-6760.

**81st Medical Operations Squadron** — Master Sgt. Patty Jones, 377-8174.

**81st Medical Support Squadron** — Maj. Timothy Flach, 377-8844.

**81st Mission Support Group** — 2nd Lt. Michael Chavarria, 377-2428; Staff Sgt. Desmond Johnson, 377-5886.

**81st Mission Support Group staff** — Airman 1st Class Lavetria Robinson, 377-7018.

**81st Mission Support Squadron** — 2nd Lt. Michael Chandler, 377-7018.

**81st Security Forces Squadron** — 2nd Lt. Eric Deturk, 377-3557.

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## SHUTTLE BUS SCHEDULE

### 6:30 a.m. to 9 p.m. weekdays

Minutes after hour	Bus stop
:00	:30 332nd TRS, Building 6955
:01	:31 338th TRS, Building 6965
:02	:32 Welch Auditorium
:04	:34 Smith Manor
:07	:37 Cody, Dolan and Thomson Hall
:08	:38 Supply
:09	:39 Shoppette
:10	:40 Shaw House
:11	:41 Main exchange
:12	:42 McBride Library
:13	:43 Medical center, Tyler House
:14	:44 Sablich Center
:15	:45 Dental clinic
:16	:46 Allee and Wolfe Halls
:17	:47 Base operations
:18	:48 Hangar 4
:19	:49 Thomson Hall

### 10 a.m. to 9 p.m. off-Fridays, weekends, holidays

Minutes after hour	Bus stop
:00	:30 332nd TRS, Building 6955
:02	:32 Shoppette
:04	:34 White Avenue Gate
:05	:35 Shaw House
:06	:36 Main exchange
:07	:37 Keesler Federal Credit Union
:08	:38 Medical center, Tyler House
:09	:39 Sablich Center
:10	:40 Dental clinic
:13	:43 Marina park
:14	:44 Bay Breeze Golf Course
:15	:45 Pass Road Gate
:17	:47 Welch Auditorium
:18	:48 338th TRS, Building 6965

### Technical training route 5:10-5:30 a.m. weekdays

Minutes after hour	Bus stop
:10	Shaw House
:12	Muse Manor
As required	Tyer House
:14	TLQ east side 2000 block
:16	TLQ east side of Locker House
:17	332nd TRS
:18	335th TRS
:20	Welch Auditorium
:26	Thomson/Dolan/Cody Halls
:27	McClelland Hall
:28	Allee/Wolfe Halls
:30	Stennis Hall/Weather

### Prior-service students lodged off-base

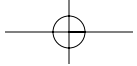
**Allow four-minute window for times; lobby area pickup.**

**To Keesler via Highway 90:** 5:15 a.m. and 1:25 p.m., Comfort Suites, Comfort Inn and Holiday Inn; 5:18 a.m. and 1:28 p.m., Howard Johnson Express and Best Western Swan; 5:21 a.m. and 1:35 p.m., Ramada Limited; 5:25 a.m., Edgewater Inn; 5:32 a.m. and 1:50 p.m., Biloxi Beachfront and Holiday Inn Express.

**To Keesler from north of base:** 5 a.m. and 1 p.m., Martinique; 5:01 a.m. and 1:04 p.m., South Palm Villas; 5:06-5:10 a.m. and 1:10-1:16 p.m., Ocean Springs Days Inn, Howard Johnson, Holiday Inn and Hampton Inn; 5:11-5:16 a.m. and 1:20-1:31 p.m., Ocean Springs Country Inn and Suites, Ramada Limited, Best Western and Comfort Inn; 5:18-5:22 a.m. and 1:41-1:47 p.m., D'Iberville Wingate Inn, Quality Inn and Travelodge; 5:25-5:35 a.m. and 1:53-1:56 p.m., D'Iberville Howard Johnson and Suburban Lodge.

**Back to off-base lodging:** 3:30, 4:30 and 6:15 p.m., street side of Hewes Hall for Bryan, Jones, Hewes and Garrard halls; 3:33, 4:33 and 6:18 p.m., Thomson Hall stop for Hangar 3, Thomson, Cody and Dolan halls; 3:36, 4:36 and 6:21 p.m., McClelland Hall; 3:38, 4:38 and 6:23 p.m., behind Allee Hall for 7-level building, weather building and Allee, Wolfe and Stennis halls; 3:41, 4:41 and 6:26 p.m., stop between base exchange and McBride Library.

**Duty passengers have priority over "space available" riders. Schedule may be impacted by increased official operations or severe weather. Those who are physically challenged or have excess baggage, call 377-2432 for the base taxi. For more information, call 377-2430.**



# Digest, from Page 30

**81st Services Division** — 1st Lt. Craig Wolfe, 377-2765.  
**81st Supply Squadron** — Tech. Sgt. Brian Langley, 377-5728.  
**81st Surgical Operations Squadron** — Capt. David Eise-nach, 377-9749; Tech. Sgt. Nicole Pearson, 377-6264.  
**81st Training Group** — Capt. Scott Lamont, 377-2038.  
**81st Training Support Squadron** — Tech. Sgt. Richard Hetfield, 377-9038.  
**81st Training Wing** — 2nd Lt. Debbie Swetland, 377-3938.  
**81st Transportation Squadron** — Staff Sgt. Desmond Johnson, 377-5886.  
**332nd Training Squadron** — Tech. Sgt. Terrell Raymond, 377-9481.  
**333rd TRS** — Staff Sgt. Michael Harvell, 377-3431.  
**334th TRS** — Tech. Sgt. Donald Johnson, 377-0638.  
**335th TRS** — Tech. Sgt. Kirk Jackson, 377-7331.  
**336th TRS** — Staff Sgt. Thomas Exline, 377-4495.  
**338th TRS** — Tech. Sgt. Richard Hetfield, 377-9038.  
**738th Engineering Installation Squadron** — Staff Sgt. Jes-sica Cobb, 377-1026.  
**Keesler NCO Academy** — Tech. Sgt. Joyce Foster, 377-3592.

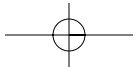
## April weather outlook

A warming trend occurs in April and near freezing tempera-tures are rare. Precipitation is primarily in the form of showers or thunderstorms asociated with fronts or squall lines. The major storm track is generally west of Keesler through Louisiana to Arkansas. Fog and stratus may be prevalent early in the month..

Extreme maximum temperature (F).....	93
Mean daily maximum temperature (F).....	76
Mean daily minimum temperature (F).....	61
Extreme minimum temperature (F).....	36
Mean relative humidity (percent).....	71
Mean monthly precipitation (inches).....	4.68
Mean number of days with precipitation.....	7
Mean number of days with thunderstorms.....	4
Maximum 24-hour rainfall (inches).....	7.01
Percentage of observations with ceiling less than:	
2,000 feet.....	12.1
1,000 feet.....	6.9
300 feet.....	1.1
Percentage of observations with visibility less than:	
6 miles.....	18.2
3 miles.....	5.2
1 mile.....	1.7
Percentage of observations with wind:	
0-3 knots.....	39.7
4-10 knots.....	51.5
11-21 knots.....	8.7
22 knots or greater.....	0.1
Base personnel can access radar and satellite data and a gen-eral forecast on the local area network in the public folders under 81 OSF Weather.	

# KIRT

Keesler Integrated Resource Team members serve the com-munity needs of military personnel and families. Member agencies support mission readiness and provide preventive or intervention services to promote mental and spiritual growth, physical health, and strong military members and their families. KIRT members are:  
**Life skills enhancement center** — 377-6216, comment line 377-6780.  
**Family support center** — 377-2179.  
**Family advocacy** — 377-7006.  
**Family member program** — 377-3077.  
**Health and wellness center** — 377-5305.  
**403rd Wing** — 377-3277.  
**Chapel** — Larcher, 377-4859; Keesler Medical Center, 377-6337; Triangle, 377-2520, and Fishbowl Student Cen-ter, 377-2331.  
**Classes, seminars**  
**Sensible weigh** — 11 a.m. today, health and wellness center. For more information, call 377-5305.  
**Healthy cooking demonstration** — noon today, health and wellness center. For more information, call 377-5305.  
**Parenting classes** — 3:30-5 p.m. Wednesday, April 13, 20 and 27, family advocacy office, Sablich Center. For reserva-tions, call 377-7006.  
**Marriage enrichment classes** — 3-5 p.m. Tuesday and April 12, 19 and 26, family advocacy office, Sablich Center. For reservations, call 377-7006.





You've seen it on TV ~ now play

# Texas Hold 'Em

April 1, 15, 29 and May 13 ~ Keesler Community Center

Grand finale May 19

## Grand prize

Armed Forces Vacation Club Certificate\* and \$100 gas card

Keesler Club members \$4 ~ Nonmembers \$7

Practice at 6 p.m. ~ Play at 7 p.m.

Top eight players each night  
qualify to play in May 19 grand finale

Prizes ~ Drink and appetizer specials

To sign up in advance, call 377-8313  
or e-mail keeslerpoker@mail.com

Sponsored by Miller Lite  
and National Productions, Inc.,  
Leading the Way.



\* Seven nights, eight days at a resort valued at \$264 ~ For more information, log on to <http://www.afvclub.com>.



## Spring Fling Boat and RV Show

9 a.m. to 4 p.m. April 30 at marina park

*Parent/child fishing rodeo ~ Boat rides ~ Free boat inspections*

*Food and beverages ~ Music ~ Displays ~ Flea market*

*Games and rides for the kids including space walks, slides and jumpers*

Flea market

Booth and one table \$10.  
Additional tables \$5 each. Sign up by April 27.

Food, drink and game tickets 50 cents each ~ For more information, call 377-3160.

April 2005



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# EXTRA! Here's what's happening! EXTRA!

**MCBRIDE LIBRARY**

**Editor's note:** For more information, call 377-2181.

**Orientations** — 6:30 p.m. Wednesday and April 13, 20 and 27.

**Young people's poetry week** — April 11-17. Poetry readings 2-4 p.m. April 17, ages 2-6.

**Story time for infants** — 10 a.m. April 27.

**National garden month** — book display throughout April.

**Self improvement month** — check out a book from the library display.

**Orientations/tours** — call for information .

**VETERINARY SERVICES**

**Editor's note:** Located on 3rd Street, Building 0408. For appointment call, 377-6887 or 6883.

**Low prices every day** — save an average of 25-30 percent over off base prices on Heartguard and Frontline products.

**Appointments** — available for vaccinations, sick call and pet registrations. All animals in base housing must be registered with veterinary services.

**HALF TIME SPORTS CAFÉ**

**Editor's note:** Located inside Vandenberg Community Center. For more information, call 377-2424.

**Poor man's pizza package** — two large pizzas with two toppings, \$12.50.

**Jumbo hot wings** — \$4 dozen.

**Half Time hot bites combo** — five cheese stuffed jalapenos deep fried and served with fries and ranch dressing, \$4.95.

**BAY BREEZE GOLF COURSE**

**Editor's note:** For tee time or more information, call 377-3832.

**Golf 101** — 5-6 p.m. April 12-14 or April 26-28, for people who have never played golf and want to learn basic golf swing fundamentals. \$20 includes etiquette, putting, chipping, full swing, and on-course play. Space is limited to the first 10 sign-ups. Call or register at the pro shop.

**Nonprior service student special** — \$15 for unlimited rounds of golf a day, including greens and cart fees and golf club rental.

**Individual and group golf lessons** — fine-tune your golf swing; \$25 for 30 minutes.

## HAPPENINGS AT YOUR AIR FORCE CLUB

**KEESLER CLUB DINING ROOM**

**Editor's note:** Combined dining is open to all ranks. For more information , call 377-2719.

**Family night** — 5:30-7:30 April 15. Buffet, games, music, show, and prizes. \$8.95, members discount price \$5.95, member's children ages 6-12 eat for penny per pound, ages 5 and younger eat free, nonmembers' children \$3 each.

**Mongolian barbecue** — 5:30-8 p.m. April 28. First eight ounces of meat \$12.95, member discount price \$9.95, \$4.95 for ages 6-11, free for ages 5 and younger.

**Play "Club Card Quest"** — each month, the last four digits of four randomly chosen Keesler Club card numbers are hidden throughout Services' monthly magazine, Services Scoop. If you find your card number, you win dinner for two at the Keesler Club. Copies of Services Scoop can be picked up at most Services facilities.

**Lunch specials** — 10:30 a.m. to 1 p.m. Mondays-Fridays except nonworking Fridays and holidays. Buffet \$7.95, member discount price \$5.95. Food court style lunches feature Mongolian barbecue and a pasta special Mondays, all-you-can-eat barbecue ribs Tuesdays, ethnic buffet Wednesdays and all-you-can-eat catfish the last work day of each week.

**Birthday special** — members get 50 percent off the lunch buffet during their birth month.

**Anniversary special** — celebrate your anniversary at Mongolian barbecue and receive free bottle of champagne with your meal along with an extra punch on your lunch bunch card.

**Hot lunch/cold cash** — \$25 drawing for members at lunch last work day of each week. To enter, write your name and phone number on the back of your lunch receipt and put it in the box at the register. Need not be present to win.

**Double stamp day** — members eating lunch at the club on Mondays, get a two-for-one punch on their lunch bunch cards.

**Office parties** — book office functions at the club by calling the club caterer.

**Free rentals** — for club members only for party needs, tables, chairs, chaffers and other items. For more information, call the club caterer.

**DRAGON'S LAIR OFFICERS' LOUNGE**

**Flasher Wednesdays** — 4:30 p.m. until they're gone, wings and things — flash your club card and they're free; \$3 for nonmembers. Drink specials for members.

**Drink of the month** — Incredible Hulk, \$3.50.

**Home safe cards** — available from beverage servers. Designated drivers receive free soft drinks.

**NASCAR WATCH PARTIES**

**Rev up your engines** — April 3, 10, 17 and 23, Warrior Lounge, all ranks. Food and drink specials. Two NASCAR gift certificates, redeemable for merchandise from the NASCAR Web site, awarded weekly in this special program for Air Education and Training Command club members, done in cooperation with Air Force Recruiting Service. You could win a trip to the Nov. 13 NASCAR race at the Phoenix International Raceway including air fare, hotel accommodations and rental car. Second place wins a \$500 NASCAR gift certificate, third place wins a \$250 NASCAR gift certificate. Entry forms available at each NASCAR event, every 15 minutes until the race is over. No purchase necessary. Ask club staff for details

**WIN CASH AT THE OFFICERS' AND ENLISTED LOUNGES**

**Progressive pot cash giveaway** — 6:30 p.m. every Wednesday a randomly selected member's name is called. Member must be present to win. If no one wins, \$25 is added to the next week's drawing. For information on current jackpot amounts, call 377-2719.

**Quick pic** — pick up your 50-cent card. You could win up to \$200.

**ENLISTED WARRIOR LOUNGE**

**Reserve weekend** — open 3:30 p.m. April 8-9

**Latino night** — April 22. Dance lessons 7-8 p.m. DJ Chino 8 p.m. to 2 a.m. Specials on margaritas and Corona beer.

**Hot dogs** — \$1 Mondays-Saturdays.

**Laid back Tuesdays** — 5:30 p.m., tacos three for \$1 until they're gone; \$3 domestic draft pitchers for members only.

**Pinochle** — 7 p.m. Tuesdays. All ranks invited.

**Flasher Wednesdays** — 4:30 p.m. until they're gone, wings and things. Flash your club card and they're free. \$3 for nonmembers. Drink specials for members include \$1.25 domestic draft beer and \$2.25 call drinks.

**Thursdays** — 5:30 p.m., tacos three for \$1 until they're gone. Members double well shots for extra dollar.

**Karaoke with Dr. Dick** — 6 p.m. to 2 a.m. Fridays. 5:30 p.m. until they're gone, complimentary hors d'oeuvres.

**Keesler Club member card drawing** — 6 p.m. the last work day of each week. Two drawings for \$25 each. Must be present to win.

**Club level one** — 9 p.m. until, Saturdays, featuring DJ Ice. Free admission. Drink specials for the ladies until midnight.

**Urban nights** — 7 p.m. to 2 a.m. Thursdays before nonworking Fridays. Urban music featuring DJ Ice. \$3 drink specials include Sex on the Beach, Hypnotic, Long Island Tea and Incredible Hulk.

**Drink of the month** — Incredible Hulk, \$3.50.

**Home safe cards** — available from beverage servers. Designated drivers receive free soft drinks.

**INFORMATION, TICKETS AND TRAVEL**

**Editor's note:** For more information, call 377-3818. All trips depart from, and return to, the Keesler Community Center.

**Bellingrath Gardens in Alabama** — April 23. \$40 per person. Register and prepay by April 20. Tour gardens and Bellingrath home. Depart at 9 a.m., return by 5 p.m.

**Arena football** — \$25 per person including admission and transportation. New Orleans VooDoo, 2004 Southern Division Champions, vs. the Columbus Destroyers, April 16; sign up and prepay by April 12. New Orleans VooDoo vs. the Austin Wranglers May 14; sign up and prepay by May 4. For more information, log on to the VooDoo Web site, <http://www.govoodoo.com>.

**FITNESS**

**Muscle Mania competition** — April 16, Triangle Fitness Center. Weigh-in 8 a.m.; competition starts 10 a.m. Bench press, squat and dead lift; 10 weight classes for women, 12 for men. \$5 entry fee; sign up by April 7. Open to all personnel, but only active-duty military advance to Air Education and Training Command event.

**Aerobic workout tapes** — at Dragon Fitness Center for checkout and use in the facility only. For more information, call 377-4409.

**Parent/child fitness room** — open 6 a.m. to 8 p.m. Mondays-working Fridays at Dragon Fitness Center. Workout equipment. Play area for ages 6 months-7 years.

**Free aerobics** — classes at Dragon Fitness Center at various times for most fitness levels. For more information, call 377-4409.

**Squat, dead lift and bench press wall of fame** — lift the most in your weight category and get your picture on the wall of fame at the Triangle Fitness Center, plus get a free T-shirt. Competitions 5 p.m. on working Fridays. Sign up by the preceding Thursday.

**VARSITY/INTRAMURAL SPORTS SCHEDULE**

**Note:** for more information, call 377-4385 or 3056.

**Today** — deadline for submitting resumes/qualifications for varsity men's and women's volleyball and softball coaching positions. Take submissions to the Triangle or Blake Fitness Centers.

**Wednesday** — 1:30 p.m., intramural volleyball coaches meeting at Vandenberg Community Center. Bring unit roster and signed letter of intent.

**April 7** — 2 p.m., intramural softball coaches meeting, Vandenberg Community Center. Bring unit roster and signed letter of intent.

**April 11-21** — 6-10 p.m., intramural basketball championships, Blake Fitness Center.

**April 15** — sign-up deadline for varsity men and women's volleyball and softball. Players signup and tryout sheets at Blake and Triangle Fitness Centers.

**April 20** — 2 p.m., sports advisory council meeting, Vandenberg Community Center.

**OUTDOOR RECREATION AND MARINA**

**Editor's note:** For more information, call 377-3160 or 377-0002.

**Deep sea fishing trips** — 7 a.m. Sundays and nonworking Fridays. \$40 per person includes everything you need to fish; bring your own food and beverage.

**April tournament** — weigh in the largest catfish during the month and win \$100 savings bond.

**Pontoon boat rentals** — to rent a pontoon boat, you must take a test and be certified.

**Disc golf** — rent or buy discs at outdoor recreation. Distance, fairway, multi-purpose, and putt and approach disks are available.

**MUSE MANOR MINI-MART**

**Editor's note:** Located inside Muse Manor on Larcher Blvd. For more information, call 377-2752.

Stop by for quick breakfast, coffee, milk and juice, pastries and more. Hours 6 a.m. to 11:30 p.m.; after hours, ask front desk for service.

**GAUDÉ LANES**

**Editor's note:** for more information, call 377-2817.

**\*Shoes aren't included.**

**Hurricane Alley glow-in-the-dark bowling\*** — 9 p.m. to 1 a.m. Fridays and Saturdays. \$3.50 per person per game, \$15 each for four hours, or rent a lane for \$65 for four hours for up to six people. Special rate for groups of 20 or more. No charge for nonbowling youth chaperones and designated drivers; \$5 for all other nonbowlers ages 11 and older. Not valid with other specials.

**Birthday parties** — Saturdays. \$7 per child including two hours of bowling, shoes and food package. Birthday child is free. Bumpers are available for ages 11 and younger. Reservations required.

**Family day\*** — noon to 6 p.m. Sundays. Parents bowl the normal rate, their children bowl the same game free, based on lane availability (reduced availability 1-4 p.m.) Call ahead for bumpers.

**Keesler Club member special\*** — club members bringing three paying guests on Friday night receive a free entry into Hurricane Alley. Not applicable with any other discounts for specials.

**Youth special** — ages 17 and younger bowl for \$1 a game anytime except during Hurricane Alley.

**Bowl-a-rama** — open to 4 p.m. Mondays-Saturdays bowl two hours for \$8.95 (\$16 value). 4 p.m. to closing Mondays-Saturdays, or all day Sundays, bowl two hours for \$9.95 (\$17.25 value). Each additional hour is \$2. Not valid during Friday and Saturday Hurricane Alley.

**Nonprior service student specials** — show UBU card and pay \$11 for four hours for Hurricane Alley or \$2.75 per game. Open bowling \$1.50 per game until 4 p.m., after 4 p.m. pay \$2 per game. Shoe rental \$1. Not valid with other discounts or specials.

**Play-and-save cards\*** — 21 games \$25. Not valid for Friday and Saturday Hurricane Alley.

**Eleventh Frame Café** — lunch 10:30 a.m. to 1 p.m. Mondays-Thursdays. Open until midnight Fridays and Saturdays. Purchase a lunch special Tuesdays-Thursdays and bowl a game for free.

**VANDENBERG COMMUNITY CENTER**

**Editor's note:** For more information, call 377-5576 or 377-4355.

**Eight-ball pool tournament** — 6-9:30 p.m. Mondays. Winner receives free entry into the weekend dance.

**Nine-ball pool tournament** — 6-9:30 p.m. Tuesdays. Tournament winner receives free entry into weekend dance.

**Karaoke** — 6 p.m. Thursdays before nonworking Fridays.

**Late night dance and DJ\*** — 6 p.m. to midnight every Friday and Saturday; \$3 admission.

**Birthday dance\*** — 6 p.m. third Friday of every month. People with birthdays during the month enter the dance free when they show their identification card.

**Martial arts** — open to anyone authorized to use Keesler facilities. Mondays-Fridays, taekwondo, adults 7-8 p.m., children 6-7 p.m., \$50 per month. Tuesdays and Thursdays, soo bahk do, 5-6:30 p.m. or 7-8:30 p.m., adults \$20 per month, ages 6-12 \$15 per month.

**\*Dances sponsored by Edgewater Village Shopping Center and Financial Group USA.**



## ARTS AND CRAFTS CENTER

**Editor's note:** Preregistration required for all classes. Registration opens the first of the month prior to scheduled date at craft sales, Building 5904; space limited. For more information, call 377-2821.

### Multi-crafts

**Editor's note:** Shop is open until 8 p.m. Tuesdays.

**Beading** — beginners class Saturday, intermediate class April 9. \$25 per person, per class. Advanced class April 16 or 23. \$30 plus a \$15-\$20 supply kit. Call for class times.

**One-stroke beginner painting** — 1-3 p.m. April 2 or 16. \$40 includes brush and reusable practice sheets; certified Donna Dewberry instructors.

**One-stroke project class** — 1-3 p.m. April 2 or 16. \$25 including most supplies. Pick up information and supply sheet at signup; beginner painting is prerequisite.

**Ceramic painting** — “step into spring” stepping stone April 8.

**Ceramic pouring** — 10 a.m. and 3 p.m. April 9. \$20 including supplies. Learn to use ceramic molds and clean greenware, receive certification to rent more than 900 molds.

**Free scrapbook club** — 5:30 p.m. April 12; learn how to use eyelets.

**Ceramic painting** — free brushstrokes class April 19.

**Ceramic painting** — Mother's Day plate April 23.

**Beginner cake decorating** — 1 p.m. April 23 \$10.

**Pottery** — call for information.

### Frame shop

**Beginner framing** — one class, four sessions, 5:30-7:30 p.m. Tuesday and April 12, 19 and 26. \$55 including supplies. Limit four students. Next class May 3, 10, 17 and 24; sign up now.

**Advanced matting** — 10:30 a.m. to 1:30 p.m. April 22. \$20 including supplies. Beginners class is prerequisite.

### Wood shop

**Beginners woodworking** — 5-7:30 p.m. Wednesday. \$25 includes supplies and tool use. Learn how to use shop equipment and receive operator's card for future shop use. Maximum six students. Next class May 4.

**Beginning intarsia** — 5-7 p.m. April 1 or 15. \$15 including supplies and tool use. Maximum three students. Intarsia is the art form of inlaying pieces of wood in a decorative pattern.

**Advanced intarsia** — 10 a.m. to 1 p.m. April 2 or 16. \$20 including supplies and tool use.

### Youth classes

**Parent and me craft class** — 10 a.m. April 16, ages 4-7. Make spring planter. \$10 including supplies.

### Specials

**Open until 8 p.m. Tuesdays** — open ceramic painting class. Select a piece and instructor will help you complete your project.

**Nonprior service student special** — 1 p.m. April 22 at the Fishbowl. Make a Mother's Day card for \$1 with your UBU card.

**Family fun night** — 6 p.m. April 26. Make a soap and bath salt gift for mom or grandma. \$10 per child with adult including supplies.

**Giveaway** — each time you use the multi-craft shop during the month, you earn an entry for a ceramic birdhouse to be given away at 1 p.m. April 30.

**Wood shop special** — come in and make something for Mother's Day and we'll give you two hours of free shop use.

## CAR WASH

**Editor's note:** Located at auto skills center near the Meadows Drive Gate.

**24-hour coin-operated** — safe, clean environment with foamy brush wash, high-pressure rinse, wax system, towelettes, Armorall and vacuum station.

## RESALE LOT

**Used vehicles** — \$5 for two weeks. Vehicles must be registered at arts and crafts center prior to parking on the lot at corner of M and Q streets west of Pecan Dining Facility; proof of ownership and insurance required. For more information, call 377-2821.

## KEESLER COMMUNITY CENTER

**Editor's note:** Events are open to all permanent party personnel. For more information, call 377-3308.

**Ballroom dancing** — 7-11 p.m. Saturday. \$10 per person. Hors d'oeuvres served; instructors available.

**Piano lessons** — 5 p.m. Mondays, Tuesdays and Wednesdays for ages 5 through adult.

**Guitar lessons** — 5 p.m. Tuesdays and Thursdays for ages 6 through adult. \$55 per month.

**Weight Watchers** — 5:45 p.m. Thursdays. Weigh-in 5 p.m.

**Coloring contest** — stop by the center and pick up a coloring/activity sheet for the children. Submit entries by 4 p.m. April 20 and be eligible for a prize.

**Barbershop** — men's and ladies cuts, fades, flat-tops, high and tights, and eyebrow arches. \$5 cuts for retirees, Wednesdays. No appointment necessary. For more information, call 377-4146.

## FAMILY CHILD CARE

**Editor's note:** For more information, call 377-3189, 7 a.m. to 5 p.m. Mondays-Fridays. Training is at the family child care office, Building J0043, Thrower Park.

**Pre-training orientation** — 4 p.m. Mondays for anyone interested in being licensed to provide child care in their home.

**Shift providers** — needed during swing and evening shifts.

**Special needs providers** — needed to care for children with asthma, allergies, cerebral palsy and physical impairments.

## YOUTH ACTIVITIES CENTER

**Editor's note:** For more information, call 377-4116.

**Teen nights** — 6:30-10 p.m. Fridays, for ages 13-18. \$5 per person. April 1, dance revolution. April 8, karaoke revolution. April 15 birthday bash night; cake for everyone. April 22, Save the Earth Day; create art from recyclable items, prizes for most original. April 29, Trivial Pursuit team night.

**Preteen nights** — 5:30-9 p.m. Saturdays, for ages 6-12. \$5 per person. April 2, UNO tournament. April 9, disco dance madness; dress in '70s disco style, prizes for best looks. April 16, birthday bash night; cake for everyone. April 23, Save the Earth Day; create art from recyclable items, prizes for most original. April 30, pizza party and junior trivia game competition.

**Free home alone course** — 6-7 p.m. April 14, ages 10 and older. Register by April 13. Child must be accompanied by parent.

**Youth of the Year celebration** — 6 p.m. April 11 honoring Diana Barker and Marina Stone, Keesler Youths of the Year.

**Free pitch, hit and run contest** — 10 a.m. April 16, youth activities center ballfields. Compete at sectional contest for chance to compete at the 2005 Major League Baseball All-Star Game. Call for more information.

**Summer camp opportunities** — registrations now being accepted for summer camp for students completing grades K-6. Counselor-in-training program; space limited. Call the youth center for more information. Coming soon are skateboard, archery, theater, basketball, teen warrior, leadership camps and teens-on-the-move trips. For information on summer youth volunteers and the youth employment skills program, call 377-2179.

**Volunteers needed** — adults needed to assist with a variety of programs and activities as maintenance workers and to share special interests and talents with our youth.

**F-4 Fit For Fun Force** — Web-based youth fitness program for ages 9-18. Explorer, adventurer, master and elite team levels. Stop by the youth activities center for a password; get free water bottle for signing up. For more information, visit <http://www.f4-kids.com>.

**Karate** — 6:30-7:30 p.m. Mondays and Tuesdays, ages 6-12; Wednesdays and Fridays, ages 13 and older. \$30 per person; family rates available. Call for space availability.

**Dance** — Tuesdays or Thursdays, ages 3 and older. Call for times, age groups and fee.

**Gymnastics** — Mondays and Wednesdays, ages 3 and older. Call for times, age groups and fee.

**HAPPENINGS** is a monthly supplement to the Keesler News and is produced by the 81st Services Division. No federal endorsement of sponsors intended.

**Terri Gonzalez, marketing specialist; Earlene Smith, publicist; Cindy Milford, illustrator.**

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AS A HANDY REFERENCE FOR MONTHLY EVENTS  
OF THE 81ST SERVICES DIVISION.